

# Rockin'

拍数: 64      墙数: 2      级数:  
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音乐: Wild One - BR5-49



- 1-2            Right heel forward for a heel touch, right knee up for a hitch  
3-4            Right heel forward for a heel touch, right knee up for a hitch  
5-6            Right foot step back, left foot step next to right  
7-8            Right foot step forward, hold
- 9-10           Left heel forward for a heel touch, left knee up for a hitch  
11-12           Left heel forward for a heel touch, left knee up for a hitch  
13-14           Left foot step back, right foot step next to left  
15-16           Left foot step forward, hold
- 17-18           Step right foot to left crossing in front of left foot, step left foot back  
19-20           Step right foot to right of left foot (shoulder width), hold  
21-22           Step left foot to right crossing in front of right foot, step right foot back  
23-24           Step left foot to left of right foot (shoulder width), hold
- 25-26           Step right foot to right side, step left foot to right, crossing behind right foot  
27-28           Step right foot to right with  $\frac{1}{4}$  turn left, touch left toe forward  
29-30           Step left foot to left side, step right foot to left, crossing behind left foot  
31-32           Step left foot to left with  $\frac{1}{4}$  turn left, touch right toe forward
- 33-34           Step right foot to right side, step left foot to right, crossing behind right foot  
35-36           Step right foot to right with  $\frac{1}{4}$  turn left, touch left toe forward  
37-38           Step left foot to left side, step right foot to left, crossing behind left foot  
39-40           Step left foot to left with  $\frac{1}{4}$  turn left, step right foot next to left foot with weight on both feet
- On counts 25-40 you made a box, alternating facing inward and outward**
- 41-42           Heel splits apart, bring heels together  
43-44           Heel splits apart, bring heels together  
45-46           Touch right heel forward, step right foot next to left  
47-48           Touch left heel forward, step left foot next to right
- 49-50           Heel splits apart, bring heels together  
51-52           Heel splits apart, bring heels together  
53-54           Kick right heel forward, step down on right foot forward as you start a  $\frac{1}{2}$  turn to the left  
55-56           Kick left foot forward as you finish the turn, bring left foot next to right shifting weight to left foot
- 57-58           Step right toe to right side as you turn  $\frac{1}{8}$  turn to the right, bring heel down  
59-60           Cross left foot over right for a toe touch, bring left heel down  
61-62           Step to right on right toe, bring right heel down  
63-64           Bring left foot next to right as you turn back to original position for a toe touch, then bring heel down and shift weight to left

## REPEAT

You can snap your fingers or clap your hands on each of the holds in the first 24 counts.

