

Rocket To The Moon

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Rocket To the Moon - Colin James



STEP, TOUCH, STEP, TOUCH, VINE RIGHT, KICK

- 1-2 Step right foot to right side, touch ball of left beside right and snap fingers
- 3-4 Step left foot to left side, touch ball of right beside left and snap fingers
- 5-7 Step right foot to right side, step left foot crossed behind right, step right foot to right side
- 8 Kick left foot forward

AND HEEL GRIND, ROCK, STEP, HEEL, ¼ TURN LEFT TOE, HEEL, ¼ TURN LEFT TOE

- &1 Step together with left foot, step/grind right heel forward with right toe turned in and then out with right knee slightly bent
- 2 Step back onto left foot
- 3-4 Rock back with right foot, recover weight forward to left foot
- 5-6 Tap right heel forward with toe turned out, turn ¼ left on left foot and turn right toe and knee in touching right toes to floor to right side
- 7-8 Tap right heel forward with toe turned out, turn ¼ left on left foot and turn right toe and knee in touching right toes to floor to right side

STEP, POINT 4 TIMES

- 1-2 Step right foot to right side, turn body slightly left and point left foot forward to left diagonal
- 3-4 Step left foot to left side, turn body slightly right and point right foot forward to right diagonal
- 5-8 Repeat above 4 counts

ROCK BACK, RECOVER, STEP, ½ TURN, TOE STRUTS FORWARD RIGHT & LEFT

- 1-2 Rock back with right foot, recover weight forward to left foot
- 3-4 Step forward with right foot, turn ½ left shifting weight forward to left foot
- 5-6 Step forward with right toe, drop right heel
- 7-8 Step forward with left toe, drop left heel

For optional styling on counts 5-8, the toe struts; lean back slightly, bend knees slightly shimmy shoulders, swing left arm forward and right arm back on count 5, switch arms on count 7

QUICK SIDE ROCK, SLOW SAILOR, REGULAR SAILOR, SAILOR ¼ TURN RIGHT

- &1 Rock right foot to right side, step left foot to left side
- 2-4 Step right foot crossed behind left, step left foot to left side, step right foot slightly forward
- 5&6 Step left foot crossed behind right, step right foot to right side, step left foot slightly forward
- 7&8 Step right foot crossed behind left, step left foot to left side, turn ¼ right, step forward with right

TRIPLE FORWARD, STEP, ½ TURN LEFT, ½ TURN LEFT, JUMP, CLAP, JUMP, CLAP

- 1&2 Step forward with left, step together with right, step forward with left
- 3-4 Step forward with right foot, turn ½ left shifting weight forward to left foot
- &5-6 Turn ½ left and take a small step back with right foot, step together with left, clap
- &7-8 Small step back with right foot, step together with left, clap

You are now facing ¼ right from original wall

REPEAT