Rocket 88

拍数: 48

级数: Intermediate

编舞者: Jenifer Wolf (CAN)

音乐: Rocket 88 - Nappy Brown

BC Jamboree, Nov. 1999, 2nd Place Winner

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1-2 Step right side on ball of right, step left in place
- 3&4 Cross right over in front of left, step left side on left, cross right over in front of left
- 5-6 Step left side on ball of left, step right in place
- Cross left over in front of right, step right side on right, cross left over in front of right 7&8

STEP, BEHIND, TURN ¼, SCUFF, ROCK, TURN ½, SHUFFLE

- 1-2 Step right to right side, cross left behind right
- 3-4 Turn ¼ right onto right, scuff left beside right
- 5-6 Step forward on left, step back on right (rock step)
- 7&8 Turn 1/2 left as you shuffle forward left right left

ROCK STEP, ROCK STEP, STEP, TURN ½, STEP, TURN ½,

- 1-2 Step forward on right, step back on left (rock step)
- 3-4 Step back on right, step forward on left (rock step)
- 5-6 Step forward on right, turn 1/2 left onto left
- 7-8 Step forward on right, turn 1/2 left onto left

SIDE ROCK, CROSS SHUFFLE, SIDE, BACK, TURN ¼, SCUFF

- 1-2 Step on ball of right to right side, step on left in place
- 3&4 Cross right over in front of left, step left to left side, cross right over in front of left
- 5-6 Step left side on left, step back on right
- 7-8 Turn ¼ right onto left, scuff right beside left

TURNING JAZZ BOX, HEEL, SIDE, TOUCH, BUMP, BUMP

- 1-2 Cross right over in front of left, step back on left
- 3-4 Turn ¼ right onto right, step left beside right
- 5&6 Place right heel forward, step right side on right, touch left beside right
- 7 Step left in place as you bump left hip out (lift right heel and turn right knee in)
- 8 Step right in place as you bump right hip out (lift left heel and turn left knee in)

STEP, SHUFFLE, SHUFFLE, STOMP, HOLD, STOMP, HOLD

- &1&2 Small step back on ball of left, step forward right, step left beside right, step forward right
- 3&4 Step forward left, step right beside left, step forward left
- 5-8 Stomp forward right, hold, stomp forward left, hold (styling: shimmy on counts 5 - 8)

REPEAT

TAG

Danced to the song "Rocket 88" on the 6th wall only, dance only the first 32 counts of the dance. Leave off the last 16 counts.

TAG

Danced to the song "Rocket 88". The 1st time on the back wall only, dance until the end of count 32, then restart the dance





墙数:4