

# Rock'n'roll

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Colleen Archer (AUS)  
音乐: Love Really Hurts Without You - Billy Ocean



## Start with left hand on hip, right hand down at side

- &            Step left beside right  
1-2          Touch right sideways & click fingers twice (flick wrist) while looking to right  
3-4          Step/cross right over left, turn full turn left on ball of left (full turn)  
5&          Step right sideways, step left beside right  
6            Turn ¼ turn right stepping forward on right  
7-8          Step left forward, turn ½ turn right (weight ending on right)
- 1            Turn ½ turn right on ball of right and step back on left  
2            Hold and clap  
3-4          Step right back, turn ½ turn left and step forward on left  
5            Jump forward onto right (lift left) and click fingers forward  
6            Rock back onto left (lift right) and bring hands in towards chest  
7            Step right back and turn body towards right swinging hands to right (lift left foot)  
8            Rock weight forward onto left, swinging hands to left (lift right foot)
- &            Step right sideways while making ¼ turn left  
1-2          Step/cross left behind right, rock weight forward onto right (legs remain crossed)  
3-4          Step left sideways, step/cross right behind left  
&            Step left sideways  
5-6          Step/cross right over left, rock weight back onto left (legs remain crossed)  
7            Sweep right toe in semi-circle to right while turning ¼ turn right on ball of left foot  
8            Weight ending on right foot (to side of left foot)
- 1            Step left forward turning body to face left diagonal  
2            Touch right toe forward  
3            Step right back turning body to face right diagonal  
4            Touch left toe forward  
5            Step weight onto left & turn ½ turn left (on ball of left)  
6            Touch right toe forward  
7&8          Right coaster step - step right back, step left beside right, step right forward

## REPEAT

## HAND MOVEMENTS

On the 3rd sequence, swing hands to right (&1,2), circle to the right (3,4), swing to left (&5,6)