

Rock Your World

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kerri Reid (CAN)
音乐: California Girls - Gretchen Wilson



Choreographed for 3rd Annual St Jude's Hospital Benefit @ Freedom Hill (Jan 2006)

CROSS ROCK, SIDE SHUFFLE RIGHT, ROCK BEHIND, SIDE SHUFFLE LEFT

1-2 Cross rock right over left, recover onto right
3&4 Right step to right side, bring left close to right, right step to right side
5-6 Cross rock left behind right, recover onto right
7&8 Left step to left side, bring right close to left, left step to left side

TOE HEEL CROSS STEPS (RIGHT AND LEFT)

1-2 Touch right toes to instep of left, touch right heel to instep of left
3-4 Step right across left (taking weight), step back on left
&5-6 Quick step onto right, touch left toes to instep of right, touch left heel to instep of right
7-8 Step left across right (taking weight), step back on right

¼ LEFT SHUFFLE, FORWARD ROCK, SHUFFLE BACK RIGHT, FULL TURN

1&2 Step left to left side, bring right close to left, step left to left side making ¼ turn left
3-4 Rock right forward, recover onto left
5&6 Step right back, bring left close to right, step right back
7-8 Make ½ turn (over left shoulder) stepping onto left, make ½ turn (over left shoulder) stepping onto right (traveling backwards)

Easy option: walk backwards left, right

LEFT COASTER STEP, WALK RIGHT LEFT, CROSS ROCK STEP, CROSS ROCK STEP

1&2 Step left back, bring right close to left, step left forward
3-4 Step forward right, step forward left
5&6 Cross rock right over left, recover onto left, step right to right side
7&8 Cross rock left over right, recover onto right, step left to left side

REPEAT
