Rock My World

拍数: 32

级数: Beginner

编舞者: Adrian Churm (UK)

音乐: Rock My World - Paul Bailey

SIDE TOE STRUTS, CROSS ROCK, CHASSE

- 1-4 Ball of left foot steps forward and across right, lower left heel, ball of right foot steps to the side, lower right heel
- 5-6 Left foot steps forward and across right replace weight back onto the right foot
- 7&8 Left foot steps to the side, right foot closes next to left, left foot steps to the side
- 9-16 Repeat 1-8 on the opposite foot

JAZZ BOX WITH 1/4 TURN AND CHASSE, JAZZ BOX WITH CHASSE

- 17-18 Left foot crosses in front of right, right foot steps back
- 19&20 Make a ¼ turn to the left as left foot steps to the side, right closes next to left, left foot steps to the side completing the turn
- 21-24 Repeat 17-20 on the opposite foot without the 1/4 turn

WEAVE TO RIGHT AND LEFT

- 25-28 Left foot steps forward and across right, right foot steps to the side, left foot steps back and behind right, right foot kicks diagonally forward right
- 29-32 Right foot steps back and behind left, left foot steps to the side, right foot steps forward and across left, left foot kicks diagonally forward left

REPEAT





墙数:4