

# Rock Me

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Chris Cleevely (UK)  
音乐: Rock Your Baby - George McCrae



---

## HEEL BALL STEP; HEEL BALL STEP; STEP ½ TURN RIGHT; HEEL BALL STEP

1&2      Present left heel forward, weight on ball of left, step forward on right  
3&4      Present left heel forward, weight on ball of left, step forward on right  
5-6      Step forward on left, pivot ½ turn right (weight on right)  
7&8      Present left heel forward, weight on ball of left, step forward on right

## ROCK, RECOVER ¾ TURN OVER LEFT SHOULDER; FORWARD RIGHT SHUFFLE; STEP ½ TURN RIGHT

9-10      Rock forward on left, recover weight on right  
11&12      Make a ¾ turn over left shoulder, stepping left/right/left  
13&14      Shuffle forward right, stepping right/left/right  
15-16      Step forward on left pivot ½ turn right (weight on right)

## BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT; BUMP HIPS LEFT, BUMP HIPS RIGHT; BUMP HIPS ¼ TURN LEFT, BUMP HIPS RIGHT

17&18      Bump hips to the left, bump hips to the right  
19&20      Making ¼ turn right, bump hips to the left, bump hips to the right  
21&22      Bump hips to the left, bump hips to the right  
23&24      Making ¼ turn right, bump hips to the left, bump hips to the right (weight on right)

## ROCKING CHAIR ON LEFT; LEFT HEEL & CROSS; AND RIGHT HEEL & TOUCH

25-26      Rock forward on left, recover weight on right  
27-28      Rock back on left, recover weight on right  
29&30      Present left heel forward, take weight on left & cross right over left  
&31&32      Take weight on left & present right heel forward, take weight on right, touch left by right

**REPEAT**

---