

Rock It!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Averill Young (NZ)
音乐: Rockin' With the Rhythm of the Rain - The Judds



RIGHT SIDE ROCK, RIGHT SHUFFLE, LEFT SIDE ROCK, LEFT SHUFFLE

1-2 Side rock onto right foot, weight back to left
3&4 Right foot forward, left beside right, right foot forward
5-6 Side rock onto left foot, weight back to right
7&8 Left foot forward, right beside left, left foot forward

RIGHT FORWARD ROCK, ½ CHA RIGHT, LEFT FORWARD ROCK, ½ CHA LEFT

9-10 Step right foot forward, weight back to left
11&12 Turn ½ right turning cha
13-14 Step left forward, weight back to right
15&16 Turn ½ left turning cha

RIGHT SIDE ROCK, SYNCOPATED VINE LEFT, LEFT SIDE ROCK, SYNCOPATED VINE RIGHT

17-18 Side rock onto right foot, weight back to left
19&20 Right foot behind left, left foot to left, right over left
21-22 Side rock onto left foot, weight back to right
23&24 Left foot behind right, right foot to right, left over right

RIGHT SIDE ROCK, ¼ LEFT. SHUFFLE, BOX STEP

25-26 Side rock onto right foot, weight back to left
27&28 90 Degree left shuffle, right foot forward, left beside right, right foot
29-30 Left foot over right, right foot back
31-32 Left foot back, touch right foot beside left

REPEAT
