

Rock N' Waltz

拍数: 61 墙数: 1 级数: Phrased Intermediate
编舞者: William Sevone (UK) - 24 February 2002
音乐: I Gotta Know - Rosie Flores



..The muxed ip dance..

One Wall Phrased Line Dance:- Part A (The Rock) 48 counts, Part B (The Waltz) 15 counts - Intermediate
Dance Sequence:- A. B. A. B. AAA. B. A. B. finale.

Choreographers note:- The music changes from 'Rock' to 'Waltz' are very obvious and should present no problems

to the majority of dancers once familiar. The Waltz always ends facing the home wall.

Dedicated to all those dancers who haven't lost their sense of humour - or imagination.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts on vocals with feet together and weight on left.

PART A - THE ROCK

Touch. Side-Cross. Coaster. 1/2 Left Touch. Cross Touch. Coaster (6:00).

- 1 - 2 Touch right toe to right side. Cross right toe over left.
- 3& 4 Step backward onto right, step left next to right, step forward onto right.
- 5 - 6 Turn 1/2 left & touch left toe to left side. Cross left toe over right.
- 7& 8 Step backward onto left, step right next to left, step forward onto left.

2x Diagonal Chasse. Rock-Rock-1/2 Right Fwd. Shuffle (12:00).

- 9& 10 (diagonal forward) Step right to right side, step left next to right, step right to right side.
- 11& 12 (diagonal forward) Step left to left side, step right next to left, step left to left side.

Style note: Lean body in opposite direction of move, lift leading legs knee on count (similar to 'skipping').

- 13& 14 Rock forward onto right, rock backward onto left, turn 1/2 right & step forward onto right.
- 15& 16 Step forward onto left, close right next to left, step forward onto left.

Side Touch. 1/4 Right. Heel Twists. 1/4 Left Kick. Bwd. Coaster (12:00).

- 17 - 18 Touch right toe to right side. Turn 1/4 right & step right next to left.
- 19& 20 (on toes) Twist both heels to the right, to the left, to the right.
- 21 - 22 Turn 1/4 left & kick left forward. Step backward onto left.
- 23& 24 Step backward onto right, step left next to right, step forward onto right.

Side Touch. 1/4 Left. Heel Twists. 1/4 Right Kick. Bwd. Coaster (12:00).

- 25 - 26 Touch left toe to left side. Turn 1/4 left & step left next to right.
- 27& 28 (on toes) Twist both heels to left, to the right, to the left.
- 29 - 30 Turn 1/4 right & kick right forward. Step backward onto right.
- 31& 32 Step backward onto left, step right next to left, step forward onto left.

Jump-Clap. 3x Triple 1/2 Right-Hips n Head. Rock Back. Recover (6:00).

- 33& 34 Jump forward onto right, jump left next to right, clap hands. ('I wanna sing')
- 35& 36 (on the spot) Triple step 1/2 right stepping: R.L-R.
- 37& 38 Bump hips to left & turn head to left, to right, to left. ('I gotta know')
- 39& 40 (on the spot) Triple step 1/2 right stepping: R.L-R.
- 41& 42 Bump hips to left & turn head to left, to right, to left. ('I gotta know')
- 43& 44 (on the spot) Triple step 1/2 right stepping: R.L-R.
- 45& 46 Bump hips to left & turn head to left, to right, to left. ('I gotta know')
- 47 - 48 Rock backward onto right. Recover onto left.

PART B - THE WALTZ (12:00)

- 1 - 3 Step right to right side. Step left behind right. Step right next to left.
4 - 6 Step left to left side. Step right behind left, Step left to left side.
7 - 9 Cross step right over left. Step left to left side. Step right next to left.
10 - 12 Cross step left over right. Step right to right side. Turn 1/2 left & step left to left side.
13 - 15 Rock backward onto right. Recover onto left. Hold.

FINALE: End of final 'Waltz' section (the fourth) after counts 13-14:

- 1& 2 (on the spot) Triple step 1/2 LEFT stepping: R.L-R.
3& 4 (on the spot) Triple step 1/2 RIGHT stepping: L.R-L.

Last Revision - 20th January 2012
