

Rock & Turn

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Michelle Morrison (AUS)
音乐: Turn Me Loose - Vince Gill



-
- 1-4 Stomp right beside left, hold, touch right toe to side, touch right beside left
5-8 Touch right heel forward 45 degrees, brush right heel up to left knee, touch right heel forward 45 degrees, step right beside left
9-12 Stomp left beside right, hold, touch left toe to side, touch left beside right
13-16 Touch left heel forward 45 degrees, brush left heel up to right knee, touch left heel forward 45 degrees, touch left beside right

17-20 Step left forward 45 degrees, touch right beside left, step right back 45 degrees, touch left beside right
21-24 Step left forward 45 degrees swaying hips forward, rock back onto right while swaying hips back, rock forward onto left while swaying hips forward, hold
25-28 Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left
29-32 Step back onto left, rock forward onto right, step forward on left, turn $\frac{1}{4}$ turn right

33-36 Step back onto right, rock forward onto left, step forward on right, turn $\frac{1}{4}$ turn left
37-40 Step back onto left, rock forward onto right, step forward on left, hold

REPEAT
