

Road Runner

拍数: 48 墙数: 4 级数:
编舞者: SanDee Skelton (USA)
音乐: Road Runner - Microwave Dave & The Nukes



HEEL PULLS, HEEL SPLITS

- 1-2 Dig right heel out to right side, keep weight on right heel while sliding left foot up to right foot and slapping ball of right foot flat to floor
- 3&4 Heel splits: out, in, out
- 5-6 Dig left heel out to left side, keep weight on left heel while sliding right foot up to left foot and slapping ball of left foot flat to floor
- 7&8 Heel splits: out, in, out

HEEL PULL BACK, ¼ TURN RIGHT, HEEL SPLITS

- 9-10 Stepping back ¼ turn to right, dig right heel, slide left foot up to right foot and slap ball of right foot flat to floor
- 11&12 Heel splits: out, in, out
- 13& Left heel dig, slap ball of left foot flat with ¼ turn to right
- 14& Right heel dig, slap ball of right foot flat with ¼ turn to right
- 15& Left heel dig, slap ball of left foot flat with ¼ turn to right
- 16 Right foot stomp next to left

APPLEJACKS

- 17& Left toe and right heel swivel to left, return to center
- 18& Right toe and left heel swivel to right, return to center
- 19-24& Repeat 17-18& three more times

MONTEREY TURNS

- 25-26 Right toe point to right side, sweep right toe around to right ½ turn & step right foot next to left
- 27-28 Left toe point to left side, step left foot next to right foot
- 29-32 Repeat counts 25-28

DIAGONAL STEP-SLIDES, TRIPLE STEPS ¼ TURN TO RIGHT

- 33-36 Right foot step toward 2 o'clock, slide left foot up to right (3 count slide)
- 37-40 Left foot step toward 10 o'clock, slide right foot up to left (3 count slide)

TRIPLE STEPS 4X, ENDING ¼ TURN TO RIGHT

- 41&42 Right triple step forward
- 43&44 Left triple step forward and raise right foot pivoting ¼ turn right on left foot
- 45&46 Right triple step forward
- 47&48 Left triple step forward

REPEAT

There is a tag to be added every time the lyrics say "Here I Go". Repeat entire dance from beginning twice. Repeat tag on word cue "Here I Go" every time.

- 1-4 Long step back on right foot, drag right foot next to left (3 count slide)
- 5-8 Cross left foot over right, unwind full turn right (3 count unwind)