

River Polka

拍数: 64 墙数: 2 级数: Improver
编舞者: Tarja Eriksson (FIN) & Paula Hissa
音乐: Don't Cross The River - Garth Brooks



2X SHUFFLE FORWARD (RIGHT, LEFT), STEP FORWARD, TURN ½, STEP BACK, RIGHT COASTER BACK

1&2 Step right foot forward, step left foot together, step right foot forward
3&4 Step left foot forward, step right foot together, step left foot forward
5 Step right foot forward, turn ½ left
6 Step left foot back
7&8 Step right foot back, step left foot next to right, step right foot forward

2X SHUFFLE FORWARD (LEFT, RIGHT), STEP FORWARD, TURN ½, STEP BACK, LEFT COASTER BACK

9&10 Step left foot forward, step right foot together, step left foot forward
11&12 Step right foot forward, step left foot together, step right foot forward
13 Step left foot forward, turn ½ right
14 Step right foot back
15&16 Step left foot back, step right foot next to left, step left foot forward

2X STAMP (RIGHT, LEFT) 2X SAILOR STEP (RIGHT, LEFT), KICK SWITCHES

17-18 Stamp right foot forward, stamp left foot to side
19&20 Step right foot behind left, step left foot to side, step right foot slightly forward
21&22 Step left foot behind right, step right foot to side, step left foot slightly forward
23&24& Kick right foot forward, step in place, kick left foot forward, step in place

TOUCH, HITCH, TOUCH, STEP FORWARD, TURN ¼, 2X SAILOR STEP (RIGHT, LEFT)

25&26 Touch right toes to side, hitch right knee, touch right toes to side
27-28 Step right foot forward, turn ¼ left
29&30 Step right foot behind left, step left foot to side, step right foot slightly forward
31&32 Step left foot behind right, step right foot to side, step left foot slightly forward

WALK (RIGHT, LEFT), RIGHT SHUFFLE FORWARD, HEEL SWITCHES (LEFT, RIGHT), STAMP, TURN ¼ AND KICK TO SIDE

33-34 Step right foot forward, step left foot forward
35&36 Step right foot forward, step left foot together, step right foot forward
37&38 Touch left heel forward, step in place, touch right heel forward
39 Stamp right foot beside left
&40 Turn ¼ left, kick right foot to right side

CROSS RIGHT, HEEL TOUCHES (RIGHT, LEFT), CROSS RIGHT, HEEL TOUCHES (RIGHT, LEFT), CROSS RIGHT, STOMP LEFT

41 Step right foot cross over left
&42 Step left foot beside right, touch right heel forward
&43 Step right foot in place, touch left heel forward
&44 Step left foot in place, step right foot cross over left
&45 Step left foot beside right, touch right heel forward
&46 Step right foot in place, touch left heel forward
&47 Step left foot in place, step right foot cross over left
48 Stomp left foot beside right

2X SHUFFLE FORWARD (RIGHT, LEFT), KICK BALL TOUCH, TURN ½, STEP

49&50 Step right foot forward, step left foot together, step right foot forward
51&52 Step left foot forward, step right foot together, step left foot forward
53&54 Kick right foot forward, step right foot in place, touch left toes back
55-56 Turn ½ left, step right foot forward

2X SHUFFLE FORWARD (LEFT, RIGHT), KICK BALL TOUCH, TURN ½, STEP

57&58 Step left foot forward, step right foot together, step left foot forward
59&60 Step right foot forward, step left foot together, step right foot forward foot
61&62 Kick right foot forward, step right foot in place, touch left toes back
63-64 Turn ½ right, step left foot forward

REPEAT
