

Rippin' Out A Beat

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Judith Campbell (NZ)
音乐: Beat Me Daddy, Eight to the Bar - The Dean Brothers



STEP FORWARD TOUCH, STEP BACK TOUCH, TWIST TO RIGHT, HITCH

1-4 Step forward on right foot, touch left beside right, step back on left, touch right beside left
5-6 Step right foot down swinging both heels to right, swing both toes to right
7-8 Swing both heels to right, hitch left knee up

STEP ¼ PIVOT, SHUFFLE FORWARD, STRADDLE STEP, STEP FORWARD TAP WITH CLAP

1-2-3&4 Step forward on left, ¼ pivot to right, shuffle forward on left (left-right-left)
&5&6 Step right out to right side, step left out to left, step right in to center, step left next to right (straddle)
7-8 Step forward on right, touch left beside right clapping hands

THREE STRUTS BACK, COASTER STEP

1-4 Step back on left toe, drop left heel down, step back on right toe, drop right heel down
5-6 Step back on left toe, drop left heel down
7&8 Step back on right, step left next to right, step forward on right

TOUCH FORWARD, SIDE, BACK, HOLD

1-4 Touch left toe forward, touch left toe to left side, touch left toe back, hold

¼ SWIVEL TO LEFT, ¼ SWIVEL TO LEFT, STEP FORWARD TAP WITH CLAP

5-6 Swivel ¼ to left on both balls of feet lowering heels, swivel on both feet ¼ to left
7-8 Step forward on left foot, tap right foot behind left clapping hands

VINE TO RIGHT, HITCH, ROLL TO LEFT, HITCH

1-4 Step right to right, step left behind right, step right to right, hitch up left knee
5-6 Turning ¼ to left step forward on left, turning ½ to left stepping back on right
7-8 Turning ¼ to left step left to left, hitch right knee up

Optional: vine to left instead of roll on counts 5 6 7

STEP FORWARD, KICK, STEP BACK, SIDE TOUCH

1-4 Step forward on right, kick left foot forward, step back on left foot, touch right foot out to right side

STEP FORWARD, KICK, STEP BACK, SIDE TOUCH

5-8 Step forward on right, kick left foot forward, step back on left foot, touch right foot out to right side

REPEAT