Ring Around Your Finger (P)



编舞者: Nigel Payne (UK) & Barbara Payne (UK)

音乐: Always Was - Dave Sheriff



Position: Man behind lady, hands held at shoulder height facing LOD. Steps are the same unless stated

SYNCOPATED MONTEREY TURNS 1/2 RIGHT TWICE

1-2 Point right toe to right side, on ball of left pivot ½ turn right bringing right to place taking

weight

On count 2 release right hands, & bring left hand over ladies head, rejoin hands at waist height

3&4 Rock left out to left side, recover back onto right, cross left over right

5-6 Point right toe to right side, on ball of left pivot ½ turn right bringing right to place taking

weight

On count 6 release left hands, & bring right hand over ladies head, rejoin hands at shoulder height

7&8 Rock left out to left side, recover back onto right, cross left over right

ROCK RECOVER, 1&1/2 TURNS RIGHT SHUFFLING RIGHT, LEFT, RIGHT

9-10 Rock forward on right, recover back onto left

As man rocks forward he in line beside lady

11&12 Shuffle ½ turn back over right shoulder, stepping right, left, right (facing RLOD)

13&14 Shuffle ½ turn right, stepping left, right, left, (now facing LOD)

15&16 Shuffle ½ turn back over right shoulder, stepping right, left, right, (facing RLOD)

HANDS:

Counts 11-16 are a windmill turn, on counts 11&12 bring left hands over lady's head. 13&14 release right as you turn,& bring left down behind man's back & joint rights above lady's head. On 15&16, release left hands, & bring right hands over lady's head & rejoin in sweetheart position

ROCK RECOVER, SHUFFLE BACK, BACK ROCK, RIGHT KICK-BALL-CHANGE

17-18 Rock forward on left, recover back onto right

19&20 Step back on left foot, step right beside left, step back on left foot

21-22 Rock back on right foot, recover back onto left

23&24 Kick right foot forward, step right beside left, step left in place taking weight

PIVOT 1/2 TURN LEFT, RIGHT SHUFFLE, WALK WALK (LADY TURNS), LEFT SHUFFLE

25-26 Step forward on right foot, pivot ½ turn left

27&28 Step forward on right foot, step left beside right, step forward on right foot

29-30 Man: walk forward left, right

Lady: turn full turn right stepping left, right

Drop left hands & raise right hands on counts 29-30

31&32 Step forward on left foot, step right beside left, step forward on left On final shuffle, lady shuffles in front of man, taking hands back to shoulder height

REPEAT

I dedicate this dance to my wife Barbara, who has stood by me through all the good & bad times that we have had in our time together.