Right Now

拍数: 64

级数: Advanced

编舞者: Glenn Ball (USA)

音乐: Right Now - Chris Gaines

KICK RIGHT CROSS SLIDE, ½ TURN LEFT WITH BODY ROLL

- 1&2 Kick right forward, cross right over left, locking calf of right leg against shin of left leg straighten right leg pushing left leg back as you change weight onto right leg continuing slide back with left leg
- 3-4 Keeping weight on right leg rotate hips to the left (body roll) and turn ½ turn left on balls of the feet

MODIFIED RUNNING MAN WITH TURN

- &5 Scoot back on left hitching right leg, place right in front sliding left foot back
- This is done with the right leg straight and the bulk of the weight still on the left leg
- &6 Scoot back on right hitching left leg, place left in front, sliding right foot back

This is done with the left leg straight and the bulk of the weight still on the right leg

- &7& Hitch right leg and slide left back to take weight preparing to turn, with feet together jump twice on spot to turn full turn to the left and face same wall (6:00 (7&)
- 8 Slide right leg back and place left in front

MODIFIED RUNNING MAN, POINT, CROSS

- &1 Scoot back on left hitching right leg, place right in front sliding left foot back
- &2 Scoot back on right hitching left leg, place left in front, sliding right foot back
- &3-4 Scoot back on left hitching right leg (&), point right toe to right side, step right across left

POINT SIDE, FRONT, SIDE, AND FULL LEFT HEEL-TOE TURN

- 5&6 Point left to left side, point left across and in front of right, point left to left side
- 7-8 Tuck left toe behind right heel, on ball of left and heel of right turn to the left ending with feet together

STEP BACK, HOLD, BODY ROLL

- &1-2 Step back on right, step together with left, hold
- 3-4 Clenching fist strike forehead (lightly), to initiate body roll from the chest backwards ending in a semi-scared position with the knees bent

The fist is optional to create a whiplash style effect

SIDE STEP CROSS POINTS

- 5-6 Step right to right side, point left across in front of right
- 7-8 Step left to left side, point right across in front of left

CROSS TURN, SHOULDER SHRUG

- &1 Step right slightly to right side, cross left over right
- 2-3 Turn full turn to the right with most of the weight on the right foot and allow the left to follow ending with the feet shoulder width apart
- &4 Shrug shoulders

1/4 STEP TURN, 1/4 HITCH TURN X 3

- 5&6 1/4 turn to right stepping onto right, hitch left leg and 1/4 turn on right touching left out to side
- &7 Hitch left leg and ¼ turn on right touching left out to side
- &8 Hitch left leg and ¼ turn on right kicking left out to side

VAUDEVILLES KICKS WITH 1/4 TURN AND KICK





墙数:2

- &1 Step left to center and back slightly, step right across in front of left
- &2 Step left to side, kick right foot at forward right diagonal
- &3 Step right to center and back slightly, step left across in front of right
- &4 Step right to side turning ¼ turn to left, kick left foot forward

COASTER STEP, SCUFF, PRESS

- 5&6 Step left back, step together with right, step left forward
- 7-8 Scuff right forward, tap right toe slightly forward taking partial weight (jazz press)

PRISSY WALK TWICE, MAMBO FORWARD AND BACK, STEP, STEP TOGETHER

1-2 Step right forward and across in front of left, step left forward and across in front of right

Allow body to turn naturally to face diagonals during cross walks

- 3&4 Rock forward on right, recover onto left, step together with right
- 5&6 Rock backward on left, recover onto right, step together with left
- 7-8 Step forward with right, step together with left

ROGER RABBITS BACK RIGHT, LEFT, RIGHT, LEFT, POINT, TURN, CROSS, STEP SIDE

- &1 Scoot back on left as right leg extends behind you, lock step right in behind left as you lift left knee
- &2 Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
- &3 Scoot back on left as right leg extends behind you, lock step right in behind left as you lift left knee
- &4 Scoot back on right as left leg extends behind you, lock step left in behind right as you lift right knee
- &5 Scoot back on left as right leg extends behind you, touch right back in extended position
- 6 With weight staying on left foot and right foot still in extended position turn ¼ to right keeping weight on left
- 7-8 Step right across and in front of left, step left to left side

SYNCOPATED CROSS ROCKS TWICE, SPIRAL TURN, HEEL-TOE TURN

- 1-2& Rock right across and in front of left, recover onto left, step right to right side
- 3-4 Rock left across and in front of right, recover onto right
- &5 Step left to left side, cross right over left
- 6& Leaving full weight on right spiral full turn to the left, step right to right side
- 7 Cross left over right
- 8 On heel of right foot and toe of left foot turn full turn to the right drawing feet together

REPEAT

TAG

At the end of the 2nd wall

- 1&2 Step left to left bump hip left, right, left (optional shakes)
- 3&4 Step right to right bump hip right, left, right (optional shakes)
- &5-6 Step left beside right, step right across and in front of left, hold
- 7-8 Rock left to left side, recover onto right
- 9-10 Step left across and in front of right, hold
- 11-12 Rock right to right side, recover onto left
- 13-14 Step back and behind left, hold
- 15-16 Rock left to left side, recover right
- 17-18 Step back and behind right, hold
- 19-20 Rock right to right side, recover left

At the end of the 3rd wall repeat counts 1-4 of first tag and continue normal dance from vaudevilles kicks through to end. Continue as step sheet