

Right Now

拍数: 44 墙数: 4 级数: Intermediate
编舞者: Gloria Johnson (USA)
音乐: No One Needs to Know - Shania Twain



CROSS, HOLD, STEP, HOLD

- 1 Cross-step right foot across left
- 2 Hold one beat
- 3 Step back on left
- 4 Hold one beat

TOE TOUCHES

- 5 Touch right toe to 5:00 o'clock
- 6 Touch right toe to 11:00 o'clock
- 7 Touch right toe to 5:00 o'clock
- 8 Step onto right foot at 11:00 o'clock

FANCY STEP

- & Step left foot to left side
- 9 Extend right heel at 45 degree angle to 2:00 o'clock
- & Step right in place
- 10 Step left in place
- & Step right foot to right side
- 11 Extend left heel to 10:00 o'clock
- & Step left in place
- 12 Step right in place

&13-16 Repeat steps &9 - 12

WALK N TURN

- 17-19 Walk forward on right, left, right
- 20 Turn ½ turn to left and hitch left knee

WALK BACK

- 21-23 Walk backward on left, right, left
- 24 Touch right toe behind

CHARLESTON

- 25 Step forward on right foot
- 26 Kick left foot forward
- 27 Step back on left
- 28 Touch right toe behind
- 29-32 Repeat steps 25 - 28

STEP & TURN, POINT

- 33 Step forward on right and turn ¼ turn to the right at the same time
- 34 Point left toe to left side

CROSS, POINT

- 35 Cross-step left over right
- 36 Point right toe to right side

TRAVELING GRIND

(You will move slightly left in each sequence of the next two steps. Your Right foot/heel will make a motion as if you are "grinding" out a cigarette)

- 37 Step right heel in front of left foot with toes pointing to left and twisting lower body to left) - weight should be on left foot. Toes of right foot should be slightly off the floor
- 38 Straighten body swiveling right heel to the right and stepping left foot slightly to the left at the same time
- 39-44 Repeat steps 37-38 three more times.

REPEAT
