

Ridin' Dirty

COPPERKNOB
STEPPERS

拍数: 120 墙数: 1 级数: Advanced
编舞者: Frida Axelsson (SWE)
音乐: Ridin' - Chamillionaire



TOUCH LEFT FOOT FORWARD, STEP BACK, BACK, IN PLACE, FORWARD, LEFT KICK BALL STEP, TOUCH LEFT FOOT FORWARD

1 Touch left foot forward
2 Hold
& Step left foot back
3 Step right foot back
4 Hold
& Step left foot in place
5 Step right foot forward
6&7 Left kick, ball step
8 Touch left foot forward

STEP RIGHT FOOT BACK, DRAG LEFT FOOT BACK, COASTER STEP, STEP RIGHT FOOT FORWARD, SWIVEL HEELS TURN ½ LEFT

1 Step right foot back
2 Drag left heel back
& Step left foot back
3 Step right foot beside left foot
4 Step left foot forward
5 Step right foot forward
6-8 Swivel heels right turning ½ left over 3 counts (6:00)

STEP RIGHT FOOT FORWARD, HIP MOVES, STEP LEFT FOOT FORWARD, HIP MOVES

1 Step right foot forward
2-4 Hip bumps right, left, right
5 Step left foot forward
6-8 Hip bumps left, right, left

PRESS RIGHT FOOT FORWARD, RECOVER, STEP BACK RIGHT FOOT-LEFT FOOT-RIGHT FOOT, COASTER STEP

1 Press right foot forward
2 Hold
3 Recover weight on left foot
4 Step right foot back
5 Step left foot back
6 Step right foot back
7&8 Left coaster step

SLIDE RIGHT FOOT RIGHT, SLIDE RIGHT FOOT BACK IN PLACE, STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD, STEP RIGHT FOOT FORWARD

1-2 Slide right foot side right
3-4 Slide right foot back in place
5 Step right foot forward
6 Hold
& Step left foot beside right foot
7 Step right foot forward

8 Hold

SYNCOPATED JUMPS

1-2 Jump feet shoulder apart
3-4 Jump feet more apart
5-6 Jump feet even more apart
7-8 Jump feet as wide apart as possible

JUMP TOGETHER, HIP MOVES, CLAP, STEP RIGHT FOOT BACK, DRAG LEFT FOOT BACK

1 Jump and put feet together
2-3-4 Hip bumps left, right, left and clap
5-6 Big step right foot back
7-8 Drag left foot back

SLIDE LEFT FOOT BACK, TURN ¼ LEFT, SHOULDER MOVES, TURN ¼ LEFT, COASTER STEP

1-2 Slide left foot back

Moonwalk style

3-4 Turn ¼ left with shoulder bumps (3:00)
5-6 Turn ¼ left (12:00)
7&8 Left coaster step

TAP, TAP, KICK BALL CHANGE, CROSS RIGHT FOOT, TURN ¾ LEFT

1-2 Tap right foot twice
3-4 Tap left foot twice
5&6 Right kick ball change
7-8 Cross right foot in front of left foot, unwind ¾ turn left (3:00)

STEP RIGHT FOOT RIGHT, SLIDE LEFT FOOT, SAILOR STEP, TURN ¼ LEFT, STEP RIGHT FOOT BACK, LEFT HITCH, STEP LEFT FOOT FORWARD, TOUCH RIGHT FOOT

1 Step right foot side right
2 Left foot slide together
3&4 Left sailor step turning 1/8 left
5 Turn 1/8 left and step right foot back (12:00)
6 Hitch left foot (lean backwards)
7 Step left foot forward
8 Touch right foot beside left foot

SLIDE LEFT FOOT LEFT, SLIDE LEFT FOOT BACK IN PLACE, STEP LEFT FOOT FORWARD, STEP RIGHT FOOT FORWARD, STEP LEFT FOOT FORWARD

1-2 Slide left foot side left
3-4 Slide left foot back in place
5 Step left foot forward
6 Hold
& Step right foot beside left foot
7 Step left foot forward
8 Hold

ROCK RIGHT FOOT FORWARD ¼ TURN LEFT, RECOVER, SYNCOPATED LEFT WEAVE, TURN ¾ LEFT, STEP RIGHT FOOT BACK, FULL TURN LEFT

1 Rock right foot forward and turn ¼ left (9:00)
2 Recover
3 Cross right foot behind left foot
& Step left foot beside right foot
4 Cross right foot in front of left foot

- 5 Step left foot side left and turn ¼ left (6:00)
- 6 Turn ½ left and step right foot back (12:00)
- 7&8 Full turn left (12:00)

STEP RIGHT FOOT RIGHT, SLIDE LEFT FOOT, STEP RIGHT FOOT BACK, SLIDE LEFT FOOT

- 1-2 Step right foot side right
- 3-4 Left foot slide together
- 5-6 Step right foot back
- 7-8 Left foot slide together

STEP LEFT FOOT LEFT, SLIDE RIGHT FOOT, STEP LEFT FOOT FORWARD, SLIDE RIGHT FOOT

- 1-2 Step left foot side left
- 3-4 Right foot slide together
- 5-6 Step left foot forward
- 7-8 Right foot slide together

HIP MOVES

- 1-8 Hip bumps

With arm movements over your head

HIP MOVES

- 1-8 Repeat previous 1-8

STEP LEFT FOOT LEFT, SLIDE RIGHT FOOT, STEP LEFT FOOT BACK, SLIDE RIGHT FOOT

- 1-2 Step left foot side left
- 3-4 Right foot slide together
- 5-6 Step left foot back
- 7-8 Right foot slide together

STEP RIGHT FOOT RIGHT, SLIDE LEFT FOOT, STEP RIGHT FOOT FORWARD, SLIDE LEFT FOOT

- 1-2 Step right foot side right
- 3-4 Left foot slide together
- 5-6 Step right foot forward
- 7-8 Left foot slide together

HIP MOVES

- 1-8 Hip bumps

With arm movements over your head

HIP MOVES

- 1-8 Repeat previous 1-8

REPEAT
