

Ride The River

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kath Dickens (UK)
音乐: Ride the River - J.J. Cale & Eric Clapton



SIDE TOGETHER, ¼ TURN LEFT X 4

1&2 Step right to side, step left together, make ¼ turn left as you step back on right, (9-00)
3&4 Step left to side, step right together, make ¼ turn left as you step forward onto left, (6-00)
5&6 Step right to side, step left together, make ¼ turn left as you step back on right, (3-00)
7&8 Step left to side, step right together, make ¼ turn left as you step forward onto left, (12-00)

RIGHT ROCKING CHAIR, RIGHT SHUFFLE FORWARD, LEFT ROCKING CHAIR, LEFT SHUFFLE FORWARD

1&2& Rock forward on right, recover weight on left, rock back on right, recover weight on left
3&4 Right shuffle forward, stepping right, left, right
5&6& Rock forward on left, recover weight on right, rock back on left, recover weight on right
7&8 Left shuffle forward, stepping left, right, left

CROSS, BACK, SHUFFLE ½ TURN RIGHT, STEP ½ PIVOT RIGHT, LEFT SHUFFLE FORWARD

1-2 Cross right over left, step back on left
3&4 Shuffle ½ turn to right stepping right, left, right (6-00)
5-6 Step forward on left, pivot ½ turn right
7&8 Shuffle forward on left, right, left. (12-00)

ROCK, RECOVER, BEHIND & CROSS, ROCK, RECOVER, BEHIND & CROSS

1-2 Rock to side right, recover weight on left
3&4 Step behind on right, step onto left(&) cross right over left
5-6 Rock to side left, recover weight on right
7&8 Step behind on left, step onto right(&) cross left over right

ROCK & CROSS, ROCK & CROSS, JAZZ BOX ¼ TURN RIGHT

1&2 Rock out to right side, recover weight on left, cross right over left
3&4 Rock out to left side, recover weight on right, cross left over right
5-6 Cross right over left, make ¼ turn right stepping back on left
7-8 Step right to side, step forward on left (3-00)

ROCKING CHAIR, SCUFF, HITCH, STEP BACK, HIP BUMP TWICE, COASTER CROSS

1&2& Rock forward on right, recover weight on left, rock back on right, recover weight on left
3&4 Scuff right foot forward, hitch knee up, step back on right (taking the weight)
5&6 Bump right hip back twice
7&8 Step back on left, step right next to left, cross left over right

REPEAT