

# Ride On

拍数: 60      墙数: 2      级数: Beginner  
编舞者: Marthe Rasmussen (NOR)  
音乐: Ride On Into The Sunset - Barry Upton & Wild At Heart



## KICK, KICK, COASTER STEP, KICK, KICK, COASTER STE

1-2      Kick right forward, kick right to right side  
3&4      Step right back, step left beside right, step right forward  
5-8      Repeat counts 1-4, start with left foot

## HIP BUMPS PADDLE TURN, ROCK, RECOVER, SHUFFLE ½ RIGHT

9      Step right forward and bump right hip  
10-12      Bump right hip three more times completing ½ left paddle turn  
13-14      Rock right forward, recover onto left foot  
15&16      Shuffle right-left-right with ½ turn right

## ROCK, RECOVER, SHUFFLE ½ LEFT, VINE RIGHT AND CLAP

17-18      Rock left forward, recover onto right foot  
19&20      Shuffle left-right-left with ½ turn left  
21-22      Step right to side, step left behind right  
23-24      Step right to side, touch left next to right and clap

## VINE LEFT WITH FULL TURN LEFT AND CLAP, KICK BALL CHANGE, KICK BALL CHANGE

25-26      Turn ¼ left step forward on left, turn ½ left step back on right  
27-28      Turn ½ left step to the side on left, touch right next to left and clap  
29&30      Right kick forward, step on ball of right foot in 3rd pos, step left foot in place  
31&32      Right kick forward, step on ball of right foot in 3rd pos, step left foot in place

## PIVOT ¼ LEFT, PIVOT ¼ LEFT, KICK BALL CHANGE, KICK BALL CHANGE

33-34      Step right forward, pivot ¼ left (weight on left)  
35-36      Step right forward, pivot ¼ left (weight on left)  
37&38      Right kick forward, step on ball of right foot in 3rd pos, step left foot in place  
39&40      Right kick forward, step on ball of right foot in 3rd pos, step left foot in place

## PIVOT ¼ LEFT, PIVOT ¼ LEFT, RIGHT SHUFFLE, LEFT SHUFFLE

41-42      Step right forward, pivot ¼ left (weight on left)  
43-44      Step right forward, pivot ¼ left (weight on left)  
45&46      Shuffle forward right-left-right  
47&48      Shuffle forward left-right-left

## ROCK, RECOVER, RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, ROCK BACK, RECOVER

49-50      Rock right forward, recover onto left foot  
51&52      Shuffle back right-left-right  
53&54      Shuffle back left-right-left  
55-56      Rock right back, recover onto left foot

## STEP, ½ TURN RIGHT, ½ TURN RIGHT WITH STOMP RIGHT, STOMP LEFT

57-58      Right step forward, ½ turn right and step back on left  
59-60      ½ turn right and stomp right forward, stomp left next to right

## REPEAT

