

Ride Like The Wind

COPPER KNOB
BY STEPHEN METELNICK

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Peter Metelnick (UK)
音乐: Untamed - Yankee Grey



ON YOUR MARK, GET SET .. RIGHT & LEFT STEP TOUCHES, RIGHT STEP TOUCH, LEFT STEP SCUFF

- 1-4 Step right foot to right side, touch left foot together, step left foot to left side, touch right foot together
5-8 Step right foot to right side, touch left foot together, step left foot to left side, scuff right foot over left

GO! WEAWE LEFT 4, RIGHT CROSS ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD, LEFT SCUFF

- 1-4 Cross step right foot over left, step left foot left, cross step right foot behind left, step left foot left
5-6 Cross rock right foot over left, recover weight on left foot
7-8 Turning ½ right on left foot step right foot forward, scuff left foot forward

LEFT SIDE, RIGHT CROSS BEHIND TWICE, LEFT SIDE, 3 RIGHT TOE TOUCHES RIGHT

- 1-4 Step left foot left, cross step right foot behind left, step left foot left, cross step right foot behind left
5-8 Step left foot left, turning body on right diagonal touch right foot to right side, touch right foot farther to the right, touch right foot farther to the right

LEFT KICK TURNING ½ LEFT, LEFT SIDE, RIGHT CROSS OVER TWICE, ¼ RIGHT & LEFT BACK, RIGHT ROCK BACK & RECOVER

- 1 Step right foot down pivoting ¼ left and kick left foot
2 Continue to pivot another ¼ left and step left foot to left side
3-5 Cross step right foot over left, step left foot left, cross step right foot over left
6-8 Turning ¼ right step left foot back, rock right foot back, recover weight on left foot

RIGHT & LEFT STOMP FORWARD, RIGHT HEEL TOGETHER, LEFT & RIGHT STOMP FORWARD, LEFT HEEL TOGETHER

- 1-4 Stomp right foot forward, stomp left foot together, touch right heel forward, step right foot together
5-8 Stomp left foot forward, stomp right foot together, touch left heel forward, step left foot together

RIGHT HEEL TOGETHER, LEFT ROCK BACK & RECOVER, GRAPEVINE LEFT, ½ LEFT, RIGHT SCUFF

- 1-4 Touch right heel forward, step right foot together, rock left foot back, recover weight on right foot
5-8 Step left foot left, cross step right foot behind left, turning ½ left step left foot left, scuff right foot

RIGHT SCISSORS, LEFT TOGETHER, TWIST LEFT, TWIST CENTER

- 1-4 Step right foot right, step left foot together, cross step right foot over left, step left foot together
5-8 Twist heels left, twist toes left, twist heels left, twist heels to center (weight ends on left)

½ RIGHT MONTEREY TURN, ¼ RIGHT MONTEREY TURN

- 1-2 Touch right toes right, pivot ½ right on left foot and step right foot together
3-4 Touch left toes left side, step left foot together
5-6 Touch right toes right, pivot ¼ right on left foot and step right foot together

7-8 Touch left toes left side, step right foot together

RIGHT CROSS ROCK & RECOVER, RIGHT SIDE, LEFT CROSS SCUFF, LEFT CROSS ROCK & RECOVER, ¼ LEFT & LEFT SIDE, RIGHT CROSS SCUFF

1-4 Cross rock right foot over left, recover weight on left, step right foot to right side, scuff left over right

5-6 Cross rock left foot over right, recover weight on right

7-8 Turning ¼ left step left foot left, scuff right foot over left

REPEAT

The song has one extra count of 8. Rather than create a tag, you will dance the first 8 counts ("On Your Mark, Get Set ..") just once, the first time you do the dance. Then just dance the dance starting at go for the duration of the song
