

# Ribdale Shuffle

拍数: 48      墙数: 0      级数:  
编舞者: Norma Morrison & Bill Morrison  
音乐: Any Medium Shuffle/Polka Tempo



**Position: Side By Side Position (Sweetheart)**

## DIAGONAL STEP TOUCHES

- 1-2            Step left foot forward diagonally to left, touch right foot beside left foot
- 3-4            Step right foot back diagonally to right, touch left foot beside right foot
- 5-6            Step left foot back diagonally to left, touch right foot beside left foot
- 7-8            Step right foot forward diagonally to right, step left foot beside right foot
  
- 9-10           Step right foot forward diagonally to right, touch left foot beside right foot
- 11-12          Step left foot back diagonally to left, touch right foot beside left foot
- 13-14          Step right foot back diagonally to right, touch left foot beside right foot
- 15-16          Step left foot forward diagonally to left, step right foot beside left foot

## HEEL SPLITS

- 17-20          Heels out, heels together, twice

## HEEL FORWARD, HOOK, HEEL FORWARD, TOGETHER

- 21-22          Touch right heel forward, hook right foot in front of left leg
- 23-24          Touch right heel forward, step right foot beside left

## HEEL SPLITS

- 25-28          Heels out, heels together, twice

## HEEL FORWARD, HOOK, HEEL FORWARD, TOUCH

- 29-30          Touch left heel forward, hook left foot in front of right leg
- 31-32          Touch left heel forward, touch left foot beside right

## LEFT STROLL FORWARD, SCUFF, RIGHT STROLL FORWARD, SCUFF

- 33-34          Step left foot forward diagonally to left, slide right foot up behind and to the left of left foot
- 35-36          Step left foot forward diagonally to left, scuff right foot forward
- 37-38          Step right foot forward diagonally to right, slide left foot up behind right and to right of right foot
- 39-40          Step right foot forward diagonally to right, scuff left foot forward

## SHUFFLES

- 41&42          Shuffle forward on left, right, left
- 43&44          Shuffle forward on right, left, right
- 45-48          Repeat last 4 counts

## REPEAT

## LINE DANCE ADAPTATION

Replace shuffles with:

- 41-42          Step left foot forward, step right foot beside left
- 43-44          Step left foot  $\frac{1}{4}$  turn to left, hitch right knee
- 45-46          Step right foot back, step left foot back
- 47-48          Step right foot back, touch left foot back

