Rhythmically Loud

拍数: 40

级数: Intermediate/Advanced

编舞者: Bryan McWherter (USA)

音乐: Rhythm Divine - Enrique Iglesias

CROSSING TRIPLES TRAVELING FORWARD

- 1&2 Cross left foot in front of right, step slightly forward on right foot, step left beside right (square off to wall)
- 3&4 Turning body 45 degrees right, cross right foot in front of left. Step slightly forward on left, step right beside left (squaring off to wall)
- 5&6 Turning body 45 degrees left, cross left in front of right, step slightly forward on right, step left beside right (square off to wall)
- 7&8 Turning body 45 degrees right, cross right foot in front of left, step slightly forward on left, step right beside left (square off to wall)

CROSS, ROCK, STEP, CROSS & CROSS, TOUCH, TURN, FORWARD SHUFFLE

- 1-2& Cross step left foot in front of right, rock right to right side, step left foot in place
- 3&4 Cross step right foot in front of left, step left foot out to left side, cross step right foot in front of left (do this while making a ¼ turn to your left.)
- 5-6 Step left foot forward, make ¹/₂ turn to right pivoting on right foot (weight on right)
- 7&8 Left shuffle forward (left, right, left)

ROCK FORWARD, ROCK BACK, SKATES

- 1-2 Rock forward on right, rock back on left
- 3-4 Rock back on right, rock forward on left
- 5-8 Angling body 45 degrees with each toe step and turning toes out, swivel right foot left foot, right foot, left foot (as if you were skating!)

1⁄4 TURN SHUFFLE, STEP, 1⁄2 TURN, STEP, STEP, STEP, STEP, TURN & HITCH

- 1&2 ¹/₄ shuffle turn to the right (right, left right)
- 3-4 Step forward on left foot make a ½ turn to the right (weight on right)
- 5-7 Step forward on the left, step forward on the right, step forward on left
- &8 ¹/₂ step turn to left, cross hitch left leg across right

STEP, LOCK, SHUFFLE FORWARD, SIDE ROCK, STEP, STOMP, CLAP CLAP

- 1-2 Step forward on left, lock right behind left
- 3&4 Shuffle forward on the left (left, right, left)
- 5-6 Rock right out to right side, rock weight back to left
- 7&8 Stomp right foot next to left, clap, clap

REPEAT





墙数:2