

Rhythm Of My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Joseph Yip (SG)
音乐: Rhythm of My Heart - Rod Stewart



Dedicated to the committee of the Country Line Dance Association of Singapore for their continuous effort in the promotion of line dancing in Singapore!

GRIND, STEP, COASTER STEP, TWICE

1-2 Step and grind right heel forward with toes from in to out, step back on left
3&4 Step right foot back, step left foot together, step right foot forward
5-6 Step and grind left heel forward with toes from in to out, step back on right
7&8 Step left foot back, step right foot together, step left foot forward

FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN RIGHT SHUFFLE

1&2 Right over left, left to left, right to right
3&4 Left over right, right to right, left to left
5-6-7&8 Right forward, recover on left, ½ turn right shuffle right, left, right

FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN LEFT SHUFFLE

1-8 Repeat above steps with other foot

FORWARD, ¼ TURN X 3, ROCK, STEP & ROCK, STEP &

1-2 Right forward, ¼ turn right stepping left back
3-4 ¼ turn right on right, ¼ turn right on left
5-6& Right forward, recover on left, right next to left
7-8& Left forward, recover on right, left next to right

REPEAT