

# Rhythm Of My Heart

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Joseph Yip (SG)  
音乐: Rhythm of My Heart - Rod Stewart



Dedicated to the committee of the Country Line Dance Association of Singapore for their continuous effort in the promotion of line dancing in Singapore!

## GRIND, STEP, COASTER STEP, TWICE

1-2            Step and grind right heel forward with toes from in to out, step back on left  
3&4           Step right foot back, step left foot together, step right foot forward  
5-6           Step and grind left heel forward with toes from in to out, step back on right  
7&8           Step left foot back, step right foot together, step left foot forward

## FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN RIGHT SHUFFLE

1&2           Right over left, left to left, right to right  
3&4           Left over right, right to right, left to left  
5-6-7&8      Right forward, recover on left, ½ turn right shuffle right, left, right

## FORWARD SAILOR TWICE, ROCK, STEP, ½ TURN LEFT SHUFFLE

1-8           Repeat above steps with other foot

## FORWARD, ¼ TURN X 3, ROCK, STEP & ROCK, STEP &

1-2           Right forward, ¼ turn right stepping left back  
3-4           ¼ turn right on right, ¼ turn right on left  
5-6&          Right forward, recover on left, right next to left  
7-8&          Left forward, recover on right, left next to right

**REPEAT**

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