

Rhythm And Blues Cha

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Don C. Lamb (USA)
音乐: She's Got The Rhythm - Alan Jackson



ROCK, RECOVER, CHA--DIP, RECOVER, TURN ½ CHA

1-2 Left forward, right back
3&4 Left back, right together, left place
5-6 Right back, left forward
7&8 ½ left turn, right, left, right

DIP, RECOVER-TURN ½ CHA-DIP, RECOVER, CHA

9-10 Left back, right forward
11&12 ½ right turn, left, right, left
13-14 Right back, left forward
15&16 Right forward, left together, right place

ROCK, PIVOT ½ RECOVER, CHA-RIGHT LEAD BASIC, RECOVER, CHA

17-18 Left forward, right turn ½ right recover
19&20 Left forward, right together, left forward
21-22 Right forward, left back
23&24 Right back, left together, right place

DIP, RECOVER, TURN ½ CHA-DIP, RECOVER CHA

25-26 Left back, right forward
27&28 ½ right turn, left, right, left
29-30 Right back, left forward
31&32 Right forward, left together, left place

LEFT LIMP 2 CHA-RIGHT LIMP 2 CHA

33-34 Side left, right behind left
35&36 Side left, right together, left place
37-38 Side right, left behind
39&40 Side right, left together, right place

CROSS ROCK, RECOVER, CHA-LEFT & RIGHT

41-42 Left across right, recover right
43&44 Side left, right together, left place
45-46 Right across left, recover left
47&48 Side right, left together, right place

LIMP 2, ½ TURN CHA-LIMP 2 CHA

49-50 Side left, right behind left
51&52 ½ left turn, left, right left
53-54 Side right, left behind right
55&56 Side right, left together, right place

LIMP 2, ½ TURN CHA- LIMP 2 CHA

57-58 Side left, right behind left
59&60 ½ left turn, left, right left
61-62 Side right, left behind right

63&64

Side right, left together, right place

REPEAT
