

Rhythm And Blues

COPPER **NOB**
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate
编舞者: George Deves (UK)
音乐: She's Got The Rhythm - Alan Jackson



STEP BACK RIGHT, LEFT, COASTER STEP, HEEL FORWARD AND BACK

1-8 Step back on right toe, lower right heel, step back on left toe, lower left heel, step back right, step left in place beside right, step forward slightly on right

STEP FORWARD LEFT AND TOUCH, RIGHT AND TOUCH, JAZZ BOX ½ TURN

9-16 Step forward on left, touch right to right side, step forward on right, touch left to left side, jazz box ½ turn right

LEFT SHUFFLE, RIGHT LOCK RIGHT, HIPS LEFT, RIGHT, LEFT, RIGHT

17-24 Step left forward & step right behind left & step left forward, step right forward & step left up behind right & step right forward, step left in place swaying hips to left (clicking fingers in time), step right in place swaying hips to right (clicking fingers), step left in place swaying hips to left (clicking fingers), step right in place swaying hips to right (clicking fingers)

SIDE SHUFFLE, ROCK RECOVER, STEP ½ TURN, STEP ½ TURN

25-32 Step left to left side&, step right beside left&, step left to left, rock back on right, rock forward on to left, step forward right, swivel ½ turn left, step forward right, swivel ½ turn left

RIGHT SIDE SHUFFLE, ¼ TURN RIGHT, ½ TURN, ¼ TURN, STEP

33-40 Step right to right side & step left beside right & step right to right side, rock back on left, recover on to right, step forward left ¼ turn right, step forward right ½ turn right, step forward left ¼ turn right (you have completed a full turn), step right in place beside left

ROCK & CROSS, ROCK & CROSS, STEP, DWIGHT TOUCHES, KICK, KICK

41-48 Rock left & rock right & cross left over & in front of right, rock right & rock left & cross right over and in front of left, step left in place beside right, touch right toe to left heel, touch right heel to left toe (Dwight style), kick forward on right, flick back on right

REPEAT
