

拍数: 72 **墙数:** 4 **级数:** Intermediate

编舞者: Dawn Sherlock (UK)

音乐: Save the Last Dance For Me - Michael Bublé



FORWARD TOE STRUT, SIDE, TOGETHER, BACK TOE STRUT, SIDE, TOGETHER

Step forward on left toe, drop weight onto heel, step right to right side, step left beside right

Step back onto right toe, drop weight onto heel, step left to left side, step right beside left

CROSS, HOLD, ¼ TURN LEFT, HOLD, ROCK, RECOVER, ½ TURN, HOLD

1-4 Cross right over left, hold, make ¼ turn left stepping back on right, hold

5-8 Rock back on left, recover weight forward onto right, make ½ turn right stepping back on left,

hold

ROCK, RECOVER, ½ TURN, HOLD, ROCK, RECOVER, STEP FORWARD, HOLD

1-4 Rock back on right, recover weight forward onto left, make ½ turn left stepping back onto

riaht, hold

5-8 Rock back on left, recover weight forward onto right, step forward on left, hold

ROCK, RECOVER, STEP BACK, HOLD, CROSS, STEP BACK, ½ TURN, HOLD

1-4 Rock forward onto right, recover weight onto left, step back on right, (angle body slightly

right), hold

5-8 Cross left over right, step back on right, make ½ turn left stepping forward onto left, hold

ROCK, RECOVER, STEP BACK, HOLD, WALK BACK, TOUCH, TURN, HITCH

1-4 Rock forward onto right, recover weight back onto left, step back on right, hold

5-8 Walk back left, touch right toe back, ½ turn right putting weight onto right, hitch left (into right

diagonal)

CROSS ROCK, RECOVER, CROSS ROCK, HITCH, CROSS ROCK, RECOVER, CROSS ROCK, HITCH

1-4 Cross rock left over right, recover weight onto right, cross rock left over right, hitch right (into

left diagonal)

5-8 Cross rock right over left, recover weight onto left, cross rock right over left, hitch left

ROCK, RECOVER, STEP BACK, HOLD, WALK BACK, ½ TURN LEFT, STEP FORWARD, HOLD

1-4 Rock forward onto left, (into diagonal), recover weight onto right, step back onto left, hold

5-8 Walk back on right, make ½ turn left stepping forward onto left (into diagonal) step forward on

right, hold

STEP, ½ TURN, STEP FORWARD, HOLD, ½ TURN ½ TURN, STEP FORWARD, SWEEP

1-4 Step forward on left, (into diagonal) pivot ½ turn right, step forward on left, hold

5-8 Make ½ turn left stepping back on right, make ½ turn left (this isn't quite ½ turn because you

were on diagonal) stepping left to side, step forward onto right, sweep left foot round to left

side

CROSS, HOLD, STEP BACK, HOLD, BIG STEP TO SIDE, DRAG, DRAG, STEP TOGETHER, (SLOW JAZZ BOX)

1-4 Cross left over right, hold, step back on right, hold

5-8 Big step left to left side, drag, drag, step together with right

REPEAT

RESTART