

Revolution

拍数: 32 墙数: 4 级数: Improver
编舞者: Liselott Petersson
音乐: I Wish I Was a Punk Rocker (with Flowers in My Hair) - Sandi Thom



RIGHT DIAGONAL STEP, SLIDE, KNEE POP. LEFT DIAGONAL STEP, SLIDE, KNEE POP

- 1-2 Step right diagonal right, slide left beside right (move towards 1:30 facing 10:30)
3-4 Weight on both feet, bend knees (slightly out) lifting heel of floor
5-6 Step left diagonal left, slide right beside left (move towards 10:30 facing 1:30)
7-8 Weight on both feet, bend knees (slightly out) lifting heel of floor (&) (on left foot, straighten up to 12:00)

Arm movements: during counts 3-4 & 7-8: raise both fists in chest height with elbows out. Roll both fists at the same time in circles two times (start rolling out). Lower when step 5-6 is taken

RIGHT STEP TURN ½, RIGHT SHUFFLE FORWARD, CROSS KICKS, LEFT KICK BALL STEP

- 1-2 Step right forward, turn ½ left, and end weight on left
3&4 Step right forward, close left to right, step right forward
5& Kick left diagonally right, step left beside right
6& Kick right diagonally left, step right beside left
7&8 Kick left forward, step left ball beside right, step right forward

TURN ¼ LEFT. LEFT BACK ROCK, LEFT SHUFFLE FORWARD, MODIFIED JAZZ BOX, LEFT TOUCH

- & On right foot turn ¼ left
1-2 Rock left back, recover to right
3&4 Step left forward, close right to left, step left forward
5-6 Step right across in front of left, step left back
7-8 Step right to right side, touch left beside right

LEFT MAMBO ROCK, RIGHT STEP TURN ½, RIGHT POINT RIGHT HITCH TWICE

- 1&2 Rock left forward, recover to right, step left beside right
3-4 Step right forward, turn ½ left, and end weight on left
5-6 Point right toe right, hitch right cross (knee points at 7:30)
7-8 Point right toe right, hitch right cross (knee points at 7:30)

REPEAT

TAG

After wall 2 and 4 there is at 2 count tag. Step 7-8 one more time

ENDING

In wall 7 the tempo in the music is lowering during steps 7-8. Fall in the tempo and do the knee pops. Hold (approximately 4 counts) until she starts sing again. Continue with right step turn, but on 4 counts, walk forward right, left, right, brush left forward on count 7 and hold

Thank you Pernilla, for bringing this music to my attention. Enjoy the dance and the lyric