

Rev It Up

拍数: 60 墙数: 0 级数:
编舞者: Simon Ward (AUS) & Justine Shuttleworth (AUS)
音乐: You Win My Love - Shania Twain



- &1 Flick right leg behind left knee, step onto right foot
2 Hold
&3 Flick left leg behind right knee, step onto left foot
4 Hold
- 5-8 Swing hips right, swing hips left, slide right foot beside left, stomp left foot next to right
&9 Hitch right knee, step forward onto right foot
10 Hold
&11 Hitch left knee, step forward onto left foot
12 Hold
- 13-14 Step back on right, step back on left
15&16 Step back on right, step left beside right, step forward on right
17&18 Step back on left, step on to right, step forward on left
19&20 Step back on right, step on to left, step right beside left
- 21-22 Push knees forward, raising heels, replace weight on both feet
23-24 Click both heels together twice
25-26 Shuffle to left left-right-left, slide right foot beside left, stomp right beside left
27-28 Shuffle to right right-left-right, slide left beside right turning ¼ turn left, stomp left beside right
(these next 4 counts are slightly traveling forward)
&29 Step right foot to right, step left foot to left
&30 Step right in place, step left foot in place
&31 Step right foot to right, step left foot to left
&32 Step right foot in place, step left foot in place
- 33-36 Step back on right, step left beside right, step forward on right, touch left ball of foot to left
37-40 Tap left heel on floor 3 times, bump hips to right
41-44 Bump hips to left, slap right thigh with right hand, click right fingers, shoot hand to right in a gun action (sailor shuffles)
- 45&46 Step right behind left, step left to left side, step onto right foot
47-50 Step left behind right, touch right toe to right, pivot ½ turn right on ball of left foot stepping right beside left, touch left toe to left side
51-52 Step left beside right, touch right toe to right side (Sailor Shuffles)
- 53&54 Step right behind left, step left to left side, step onto right foot
55-58 Step left behind right, touch right toe to right, pivot ½ turn right on ball of left foot stepping right beside left, touch left toe to left side
- 59-60 Slide & step left beside right turning ¼ turn left, hold

REPEAT