

# Restricted

拍数: 32      墙数: 0      级数:  
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音乐: I Like That (Stop) - Jae Millz



## STEP, CROSS-TOUCH, ½ TURN & TOUCH, SAILOR WITH HEEL, STEP-HITCH-½ TURN-& TOUCH

- &1-2      Step left foot in place, cross right over left, touch left toe out to left side
- 3&4      Cross left over right, ¼ turn left stepping back on right, ¼ turn left on ball of right touching left toe out
- 5&6      Step left behind right, step right foot out to side, touch left heel forward
- &7&8      Step down on left foot, step right forward, ½ turn left hitching left knee up, touch left out to side

## SAILOR ¼ TURN, HIP ROLLS, LEFT FOOT FLICK, SIDE WALKS WITH ½ TURN

- 1&2      Step left foot behind right, ¼ turn right stepping right forward, step left out to left side
- 3-4      Roll hips down and around to the left (weight ending up on right foot)
- &5-6      Flick left foot up (bent knee), cross left over right, step right out to right side
- 7&8      Cross left foot over right, ¼ turn left stepping back on right, ¼ turn left stepping left foot out

## KNEES IN & OUT, KNEES & HITCH, STEP-TOUCH, SIDE BODY ROLL, STEP-TOUCH-HEEL SWIVELS

- 1-2      Bend knees in, bring knees back out (weight is centered)
- 3&4      Bend knees in, bend knees out but establish weight on right, hitch left knee up
- &5-6      Step down on left foot, touch right toe to right side, roll upper body from left to right (weight on right)
- &7&8      Step left foot next to right, touch right to right side, swivel both heels ¼ turn right and look right, swivel heels back ¼ turn to left (weight on left and facing 9:00)

## STEP AND DRAG, ¾ TURN, STEP OUT-OUT, STEP AND CROSS, STEP ¼ TURN, ½ TURN KNEE POPS

- &1-2      Step right foot next to left, ¼ turn right stepping back on left and dragging right, ¼ turn right and step right foot out to right side
- &3&4      Step left next to right, ¼ turn right stepping right forward, step left out to left side, step right out to right side
- &5-6      Step left next to right, cross right over left, ¼ turn left stepping forward on left foot
- 7&8      ½ turn left stepping back on the right foot, pop right knee up, pop left knee up (put weight on right)

**REPEAT**

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