

# Restless Ranch-Hand

拍数: 48                      墙数: 0                      级数:  
编舞者: Alan Robinson (UK)  
音乐: Restless - Shelby Lynne



Position: Sweetheart position

## LEADER'S STEPS

- 1-4                      Touch right heel forward, back to center, touch left heel forward, back to center  
5-8                      Swivel both heels right, back to center, swivel both heels left, back to center  
9-12                     Step on left, (release left hands), pivot ½ right, step on left, pivot ½ right  
**(back into sweetheart position)**  
13-16                    Grapevine left:-, step left to left, behind with right, step left to left, hitch right knee  
**(release Left hands)**  
17-20                    Grapevine right:- step right to right, behind with left, step right to right, hitch left knee  
**(release Right hands)**  
21-24                    Step forward on left, close with right, shuffle on the spot:-, stepping left right left (two counts)  
25-28                    Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right  
(two counts)  
29-32                    Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)  
33-36                    Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right  
(two counts)  
37-40                    Shuffle forward:- stepping left right left (two counts), shuffle forward:- stepping right left right  
(two counts), (steps 37-40 should bring you alongside the next person-your new partner)  
  
41-44                    Grapevine left (into circle):- step left to left, behind with right, step left to left, hitch right knee  
(clap)  
45-48                    Rolling grapevine right:- step on right, step on left, step on right, close with left (place weight  
on left), (into sweetheart position with new partner)

## REPEAT

## FOLLOWER'S STEPS

- 1-4                      Touch right heel forward, back to center, touch left heel forward, back to center  
5-8                      Swivel both heels right, back to center, swivel both heels left, back to center  
9-12                     Step on left, (release left hands), pivot ½ right, step on left, pivot ½ right  
**(back into sweetheart position)**  
13-16                    Grapevine left:- step left to left, behind with right, step left to left, hitch right knee  
**(release Left hands)**  
17-20                    Rolling grapevine right:- step on right, step on left, step on right, hitch left knee  
**(release Right hands)**  
21-24                    Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)  
25-28                    Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right  
(two counts)  
29-32                    Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)  
33-36                    Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right  
(two counts)  
37-40                    Shuffle forward:- stepping left right left (two counts), shuffle forward:- stepping right left right  
(two counts), (steps 37-40 should bring you alongside the next person-your new partner)  
  
41-44                    Grapevine left (out of circle):- step left to left, behind with right, step left to left, hitch right  
knee (clap)

45-48

Rolling grapevine right:- step on right, step on left, step on right, close with left (place weight on left), (into sweetheart position with new partner)

**REPEAT**

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