

Restless Rambler (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Stompin' Sue (USA) & The Other Ones
音乐: Restless - Ricky Skaggs



Position: Couples begin face to face in a 2 hand hold (Lady's right in the Man's left, Lady's left in the Man's right); Lady facing RLOD

TOE STEPS, KICKS AND SAILOR/COASTER STEP

- 1-4 **MAN:** Step slightly forward to left with left toe, then heel. Step slightly forward to left with right toe, then heel.
 LADY: Step slightly forward to left with right toe, then heel. Step slightly forward to left with left toe, then heel
- 5-6 **MAN:** Kick left twice
 LADY: Kick right twice
- 7&8 **MAN:** Step left foot back slightly behind right, step slightly to right with right, step left together with right.

Resembles a sailor step

LADY: Step right foot back and slightly to right, step left foot together with right, step right foot slightly to right side.

Resembles a coaster step

TOE STEPS, KICKS AND SAILOR/COASTER STEP

- 9-12 **MAN:** Step slightly forward to right with right toe, then heel. Step slightly forward to right with left toe, then heel.
 LADY: Step slightly forward to right with left toe, then heel. Step slightly forward to right with right toe, then heel
- 13-14 **MAN:** Kick right twice
 LADY: Kick left twice
- 15&16 **MAN:** Step right foot back slightly behind left, step slightly to left on left, step right together with left.

Resembles a sailor step

LADY: Step left foot back and slightly to left, step right foot together with left, step left foot slightly to left side.

Resembles a coaster step

WALK 4 STEPS INTO BACK-TO-BACK; 2 SHUFFLE ½ TURN

- 17-20 **MAN:** Dropping left hand and raising right hand, step left to left side, step right together. Lowering right hand, step forward on slight angle to right on left foot, step right together
 LADY: Dropping right hand, lady passes under joined hands, stepping on right foot at a slight angle to left, left together. Lowering joined hands, step to right on right, left together.
 /retaining the lady's left hand in the gentleman's right hand, couple should now be back-to-back with the gentleman still facing LOD and the lady still facing RLOD
- 21&22 **MAN:** Shuffle left-right-left while beginning a ½ turn to right
 LADY: Shuffle right-left-right while beginning a ½ turn to left
- 23&24 **MAN:** Shuffle right-left-right while finishing the turn
 LADY: Shuffle left-right-left while finishing the turn. /couples will now be face-to-face, with the gentleman facing RLOD; lady facing LOD

WALK 4 STEPS INTO BACK-TO-BACK; 2 SHUFFLE ½ TURN

- 25-28 Repeat 17-20

Couples moving into back-to-back position

- 29&30 Repeat 21 & 22

31&32 Repeat 23 & 24

Couples will now be face-to-face, with the gentleman again facing LOD and the lady facing RLOD.

2 STEPS; FULL TURN TO THE RIGHT ON 3 SHUFFLES TOWARD LOD

33-34 **MAN:** Step forward left, right

LADY: Step back right, left

Couples should move into a closed position as they step. Remaining in a closed position, the couple will rotate a full turn to the right while moving toward the forward LOD during the next three shuffles

35&36 **MAN:** Make a $\frac{1}{4}$ to $\frac{1}{3}$ turn to right (as a couple) and shuffle left-right-left to left side (LOD)

LADY: Make a $\frac{1}{4}$ to $\frac{1}{3}$ turn to right (as a couple) and shuffle right-left-right to right side (LOD)

37&38 **MAN:** Make a $\frac{1}{3}$ to $\frac{1}{2}$ turn to right (as a couple) and shuffle right-left-right to right side (LOD)

LADY: Make a $\frac{1}{3}$ to $\frac{1}{2}$ turn to right (as a couple) and shuffle left-right-left to left side (LOD)

39&40 **MAN:** Finish the turn by rotating $\frac{1}{4}$ to $\frac{1}{3}$ to right (as a couple) and shuffling forward left-right-left toward LOD

LADY: Finish the turn by rotating $\frac{1}{4}$ to $\frac{1}{3}$ turn to right (as a couple), and shuffle back right-left-right

2 STEPS; FULL TURN TO THE LEFT ON 3 SHUFFLES LOD

41-42 **MAN:** Step forward right, step forward left (toward LOD)

LADY: (Facing RLOD) step back left, step back right. /remaining in a closed position, the couple will rotate one full turn to the left while moving toward the forward LOD during the next three shuffles

43&44 **MAN:** Make a $\frac{1}{4}$ to $\frac{1}{3}$ turn to left (as a couple) and shuffle right-left-right to right side (LOD)

LADY: Make a $\frac{1}{4}$ to $\frac{1}{3}$ turn to left (as a couple) and shuffle left-right-left to left side (LOD)

45&46 **MAN:** Make a $\frac{1}{3}$ to $\frac{1}{2}$ turn to left (as a couple) and shuffle left-right-left to left side (LOD)

LADY: Make a $\frac{1}{3}$ to $\frac{1}{2}$ turn to left (as a couple) and shuffle right-left-right to right side (LOD)

47&48 **MAN:** Finish the turn by rotating $\frac{1}{4}$ to $\frac{1}{3}$ turn to left (as a couple) and shuffling forward right, forward left, together right.

LADY: Finish the turn by rotating $\frac{1}{4}$ to $\frac{1}{3}$ turn to left (as a couple), and shuffle back left, back right, together with left. /the last shuffle will resemble a coaster step, allowing the couples to halt the forward momentum and more easily begin the dance again. As the couple dances the last shuffle (i.e. The coaster step) allow some space between the partners and return to a two-hand hold

REPEAT
