

Restless Line

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tony Stanton (UK)
音乐: Restless - Bob McKinlay



WALK LEFT, RIGHT, LEFT SHUFFLE FORWARD, SWAY FORWARD & BACK, LOCK STEP BACK WITH ½ TURN

1-2 Walk forward on left, right
3&4 Step forward on left, step right beside left, step forward on left
5-6 Step forward on right swaying hips forward, rock back on left swaying hips back
7&8 Step back on right, lock left across right, step back on right turning ½ turn left, hitching left knee (weight remains on right)

WALK LEFT, RIGHT, LEFT SHUFFLE FORWARD, SWAY FORWARD & BACK, LOCK STEP BACK WITH ½ TURN

9-16 Repeat beats 1-8

ROCK FORWARD LEFT, ROCK BACK RIGHT, CROSS SHUFFLE RIGHT, ROCK RIGHT TO RIGHT, ROCK BACK ON LEFT SAILOR STEP ON RIGHT

17-18 Rock forward on left, rock back on right
19&20 Cross step left over right, step right to right, cross step left over right
21-22 Rock right to right side, recover back onto left
23&24 Step right back behind left, step left slightly to left, step beside left

SAILOR STEP TURNING ¼ TURN LEFT, RIGHT KICK BALL CHANGE, ROCK FORWARD RIGHT, RECOVER, LEFT, COASTER STEP ON RIGHT

25&26 Step left behind right, step right slightly to right, step left ¼ turn left
27&28 Kick right forward, step right in place, step left beside right
29-30 Rock forward on right, recover onto left
31&32 Step back on right, step left beside right, step on right

REPEAT
