

Restless Guy

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Sandra Speck (UK)
音乐: Rambunctious Boy - John Fogerty



SIDE STRUT, CROSS STRUT, RIGHT GRAPEVINE SCUFF

1-2 Step right toe to side, drop right heel
3-4 Cross left over right, drop left heel
5-7 Step right to side, cross left behind right, step right to side
8 Scuff left forward

CROSS ROCK RECOVER TURN ¼ LEFT, SCUFF, RIGHT LOCK STEP, SWEEP

1-2 Cross/rock left over right, recover onto right
3-4 Turn ¼ left and step left forward, scuff right forward
5-7 Step right forward, lock left behind right, step right forward
8 Sweep left from back to front

JAZZ BOX TURN ¼ LEFT, MONTEREY ½ TURN RIGHT

1-2 Cross left over right, step right back
3-4 Turn ¼ left and step left to side, touch right together
5-6 Touch right to side, turn ½ right and step right together
7-8 Touch left to side, touch left together

On wall 3, close left foot next to right and restart dance from the beginning

EXTENDED GRAPEVINE TO THE LEFT AND TOUCH

1-2 Step left to side, cross right behind left
3-4 Step left to side, cross right over left
5-6 Step left to side, cross right behind left
7-8 Step left to side, touch right together

GRAPEVINE ¼ TURN RIGHT SCUFF, ¼ BEHIND ¼ (TURNING GRAPEVINE) SCUFF

1-2 Step right to side, cross left behind right
3-4 Turn ¼ right and step right forward, scuff left forward
5-6 Turn ¼ right and step left to side, cross right behind left
7-8 Turn ¼ left and step left forward, scuff right forward

STEP PIVOT ½ TURN LEFT, TURN ½ LEFT, HOLD, COASTER STEP, HOLD

1-2 Step right forward, turn ½ left (weight to left)
3-4 Turn ½ left and step right back, hold
5-6 Step left back, step right together
7-8 Step left forward, hold

Easier option:

1-4 Rock right forward, recover onto left, step right back, hold

ROCK FORWARD, ROCK SIDE, ROCK BACK AND POINT

1-2 Rock right forward, recover onto left
3-4 Rock right to side, recover onto left
5-6 Rock right back, recover onto left
7-8 Touch right to side, hold

BEHIND SIDE CROSS HOLD, TURN ¼, ¼ CROSS, HOLD

1-2 Step right behind left, step left to side

- 3-4 Cross right over left, hold
5-6 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{4}$ right and step right to side
7-8 Cross left over right, hold

REPEAT

TAG

At the end of wall 1

SIDE STRUT, CROSS STRUT, ROCKING CHAIR

- 1-2 Step right toe to side, drop right heel
3-4 Cross left toe over right, drop left heel
5-6 Rock right forward, recover onto left

Turning body towards right diagonal

- 7-8 Rock right back, recover onto left

Still facing right diagonal, restart dance from the beginning

RESTART

On wall 3, on count 24, step left together and start dance again from the beginning
