

# Restless

拍数: 48      墙数: 4      级数: Improver  
编舞者: Irene Hawkins (UK)  
音乐: Restless - Bob McKinlay



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## ROCK, SHUFFLE, ROCK, SHUFFLE SIDE CROSS, SIDE CROSS ¼ SHUFFLE

1-2-3&4      Rock forward on right, rock back on left, right shuffle back  
5-6-7&8      Rock back on left, rock forward on right, left shuffle forward  
9-10-11      Right foot step to right side, left foot cross in front, right foot step  
12-13&14      To right side, left foot cross in front, ¼ turn right, right shuffle

## ROCKS, SHUFFLES & SAILORS LEFT & RIGHT

15-16      Rock forward on left, rock back on right  
17&18-19&20      Left shuffle back, right shuffle back  
21&22      Left foot behind right, right foot to right side, left foot slightly to left side  
23&24      Right foot behind left, left foot to left side, right foot slightly to right, side

## ROCKS & SHUFFLES

25-26-27&28      Rock forward on left, rock back on right, left shuffle back  
29-30-31&32      Rock back on right, rock forward on left, right shuffle forward

## ¼ PIVOT TURN X 4 TO RIGHT

33-36      Left foot step forward ¼ pivot turn to right, left foot step forward, ¼ pivot turn right  
37-40      Left foot step forward ¼ pivot turn to right, left foot step forward, ¼ pivot turn right

## LEFT SAILOR, RIGHT SAILOR, KICK KICK, TRIPLE

41&42      Left foot behind right, right foot to right side, left foot slightly to left side  
43&44      Right foot behind left, left foot to left side, right foot slightly to right side  
45-46-47&48      Kick left foot twice, triple left, right, left in place

## REPEAT

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