

Respect

拍数: 32 墙数: 4 级数: Improver nightclub
编舞者: Suzy Taylor (UK)
音乐: Respect Yourself - Robert Palmer



SIDE TOGETHER, LOCK STEP FORWARD, SIDE TOGETHER, LOCK STEP BACK

1-2 Step left to left side, step right next to left
3&4 Step left forward, lock step right behind left, step left forward
5-6 Step right to right side, step left next to right
7&8 Step right back, lock step left over right, step right back

STEP ¼ TURN LEFT, TOGETHER, LOCK STEP FORWARD, SIDE TOGETHER, LOCK STEP BACK

1-2 Making ¼ turn left step left to side, step right next to right
3&4 Step left forward, lock step right behind left, step left forward
5-6 Step right to right side, step left next to right
7&8 Step right back, lock step left over right, step right back

VINE LEFT, STEP ¼ TURN, ROCK STEP ¼ TURN, WEAVE LEFT

1-2 Step left to left side, step right behind left
3-5 Step left ¼ turn left, making ¼ turn left rock right to side, recover weight onto left
6-8 Cross step right over left, step left to side, step right behind left

TWO KICKS, SAILOR LEFT, TWO KICKS SAILOR RIGHT

1-2 Kick left out to side twice
3&4 Step left behind right, step right to side, step left in place
5-6 Kick right out to side twice
7&8 Step right behind left, step left to side, step right in place

REPEAT

RESTART

Dance first 16 counts of wall 6, then start dance again facing front wall
