

# Resolutions

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Aravon McCann (UK)  
音乐: Live, Laugh, Love - Clay Walker



This dance is dedicated to all cancer survivors. Like the song says - I'm gonna live, laugh, love just for today.

## RIGHT & LEFT HANDS AND STOMPS, HAND CREEP, LEFT SAILOR, RIGHT SAILOR

- 1-2            Place right hand on left hip, while stomping right foot, place left hand on right hip, while stomping left foot
- 3&4           Creep both hands up back as if loving someone (or if possible do this for someone else!!)
- 5&6           Cross step left foot behind right, step right foot to right side, step left foot to the left
- 7&8           Cross step right foot behind left, step left foot to left side, step right foot to the right

## LEFT MAMBO, UNWIND, LEFT SHUFFLE, ROCK & CROSS

- 9&10          Step forward on left, step back onto right, step left beside right
- 11-12        Place right foot behind left, unwind  $\frac{1}{2}$  turn right
- 13&14        Step forward left, close right beside left, step left forward
- 15&16        Rock right to right side, step left in place, cross step right over left

## LEFT & RIGHT TOUCHES TWICE, HEEL JACKS

- 17&18        Touch left foot to left side, step left in place, touch right foot to right side
- &19&20       Step right foot in place making a  $\frac{1}{2}$  turn right, touch left to left side, step left in place, touch right foot to right side
- 21&22        Cross left foot over right, step right foot in place, point left heel diagonally left
- &23&24       Step left foot in place, cross right foot over left, step left foot to left side, point right heel diagonally right

## STEP & TAPS, HEELS, TOUCH CROSS $\frac{3}{4}$ TURN, LEFT SIDE SHUFFLE

- &25&26       Step right in place, step forward left, tap right toe twice behind left foot
- &27&28       Step right behind, touch left heel forward, step left back in place, tap right heel behind left once
- 29-30        Touch right toe to right side, cross right foot over left taking weight and making  $\frac{3}{4}$  turn left
- 31&32        Step left foot to left side, close right beside left, step left to left side

## REPEAT

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