

Rescued

拍数: 32 墙数: 4 级数: Improver
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音乐: In Your Arms (Rescue Me) - Nu Generation



GRAPEVINE RIGHT, WHOLE TURN SIDE CHASSE

1-2-3-4 Step right to right side, step left behind right step right to right side, touch left next to right
5-6 Make a whole turn left stepping left right
7&8 Step left to left side, bring right up to left step left to left side

KICK BALL CHANGE STEP CLAP, KICK BALL CHANGE STEP CLAP

1&2 Kick right foot forward, step on ball of right foot in place, step left in place
3-4 Step forward on right foot and clap
5&6 Repeat counts 1&2 on left foot
7-8 Repeat counts 3-4 on left foot

STEP BACK AND CLAP

1-2 Step back on right at slight right diagonal, tap left next to right & clap
3-4 Repeat counts 1-2 on left
5-6 Repeat counts 1-2
7-8 Repeat counts on left

GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN LEFT

1-2-3-4 Step right to right side, step left behind right, step right to right side, tap left next to right
5-6-7-8 Step left to left side, step right behind left step left ¼ turn left, touch right next to left

REPEAT
