

Rescue Me

拍数: 48 墙数: 4 级数:
编舞者: Terry Hogan (AUS)
音乐: Rescue Me - Wynonna



RIGHT COASTER, FORWARD LEFT, ¼ RIGHT, CROSS LEFT, SIDE RIGHT, LEFT BEHIND, SIDE RIGHT, CROSS LEFT, ROCK SIDE RIGHT

- 1&2 Step right backward, step left beside right, step right forward
- 3-4 Step left forward, make ¼ pivot turn right onto right foot
- 5-6-7 Step left across right, step side right, step left across behind right
- &8& Step side right, step left across right, rock-step side right

REPLACE, BACK RIGHT, LEFT CROSS SHUFFLE, SIDE RIGHT, ¼ LEFT FORWARD LEFT, FORWARD RIGHT, ½ LEFT, RIGHT FORWARD, ½ LEFT

- 1-2 Replace weight onto left, step right backward and behind left
- 3&4 Cross shuffle to the right side left, right, left
- 5-6 Step side right, make ¼ turn left and step forward left
- &-7 Step right forward, make ½ pivot turn left stepping forward onto left
- &-8 Step right forward, make ½ pivot turn left stepping forward onto left

ROCK FORWARD RIGHT, REPLACE, BACK RIGHT, ROCK BACK LEFT, REPLACE, FORWARD LEFT ½ LEFT BACK RIGHT, ½ LEFT FORWARD LEFT, FORWARD RIGHT, ½ LEFT, FORWARD RIGHT

- 1&2 Rock-step right forward, replace back onto left, step right backward
- 3&4 Rock-step left backward, replace forward onto right, step left forward
- 5-6 Make ½ turn left stepping right backward, make ½ turn left stepping left forward (moving toward starting wall)
- 7&8 Step right forward, make ½ pivot turn left onto left, step right forward

ROCK FORWARD LEFT, REPLACE, BACK LEFT, ROCK BACK RIGHT, REPLACE, FORWARD RIGHT ¼ RIGHT SIDE LEFT, ROCK BEHIND RIGHT, REPLACE, TRIPLE STEP RIGHT-LEFT-RIGHT FULL TURN LEFT

- 1&2 Rock-step left forward, replace back onto right, step left backward
- 3&4 Rock-step right backward, replace forward onto left, step right forward
- 5-6-7 Making ¼ turn right step left to the side, rock-step right behind left replace weight onto left
- &8& Step right to the side starting a full turn left as a triple step/paddle turn right, left, right (turn should not travel)

¼ LEFT BACK LEFT, BACK RIGHT, BACK LEFT, BACK RIGHT, ROCK BACK LEFT, REPLACE SHUFFLE FORWARD LEFT-RIGHT-LEFT

- 1-2 Make a further ¼ turn left stepping left slightly back, step right slightly backward (you should be facing back wall)
- 3 Long step backward left dragging right toes backward along the floor
- 4 Long step backward right dragging left toes backward along the floor

Restart here on walls 4 and 5

- 5-6 Rock-step left backward, replace forward onto right
- 7&8 Shuffle forward left, right, left

FORWARD RIGHT, ½ LEFT, ROCK FORWARD RIGHT, REPLACE, SIDE RIGHT, LEFT CROSS, SIDE RIGHT ¼ LEFT, FORWARD LEFT, ROCK FORWARD RIGHT, REPLACE

- &-1 Step right forward, make ½ pivot turn left onto left
- 2-3 Rock-step right forward, replace back onto left
- &-4 Step side right, step left over right

5-6 Step side right making $\frac{1}{4}$ turn left, step left forward
7-8 Rock-step right forward, replace back onto left

REPEAT

TAG

At the end of wall 2

1&2 Step right backward, slide left back beside right, rock-step right backward
3-4 Rock-replace left forward, step right forward
5-6 Step left forward, make $\frac{1}{2}$ pivot turn right onto right
7&8 Triple step left, right, left making $\frac{1}{2}$ turn right & moving slightly forward

RESTART

On the 4th & 5th wall you will only dance the first 36 counts and change step 36 into 'touch right toes beside left foot' leaving weight on left foot
