

Replay DJ

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Benjamin Smart (AUS)
音乐: Pon de Replay - Rihanna



TOE POINTS WITH TRIANGLE STEP

1&2 Point right toe to right side, and step right next to left, point left toe to left side
&3& And step left next to right, point right toe forward, and step right next to left
4&5 Point left toe forward, and step left next to right, step right diagonally out to right
6-7 Step left foot out diagonally to left side, step right foot diagonally back
8 Step left next to right

MONTEREY FULL TURN, CROUCH, SLAP, CLAP

1-2 Point right toe to right side, complete a full turn right on left ending with weight on right
3-4 Point left toe to left side, bring left next to right and crouch down, bending knees to a fetal position at the same time (if this is too hard on your knees, just bend at the waist & slightly with knees)
5 Jump up and place feet shoulder width apart
& Slap both hands down across thighs
6 Slap both hands back across thighs coming back forward, ending with
& Clap
7&8& Twist right heel in, twist right toe in, repeat counts 7& for 8&

WALKING SAMBA STRUTS WITH MAMBO STEPS

1-2 Step right foot forward, step left foot forward
3&4 Rock forward on right foot, replace weight to left, step back on right
5-6 Walk back on left, step back on right
7&8 Rock back on left, replace weight to right, step forward on left

CONTRACTING HITCH CROSSES

1 Cross right over left
& Contract body as if you have been hit in the stomach at same time hitch left knee
2 Cross left over right, bringing shoulders back and straightening body
& Step right to right side
3 Step left behind right
& Contract body as if you have been hit in the stomach at same time hitch right knee
4 Step right behind left
& Step left to left side
5 Cross right over left
& Contract body as if you have been hit in the stomach at same time hitch left knee
6 Cross left over right
& Step right to right side
7 Step left behind right
& Contract body as if you have been hit in the stomach at same time hitch right knee
8 Step right behind left
& Step left to left side
1 Cross right over left

FULL TURNS, STYLING CROSSOVER WALKS

2 Turn $\frac{1}{4}$ left stepping forward on left
& Turn $\frac{1}{2}$ left stepping back on right foot

- 3 Turn $\frac{3}{4}$ left with weight on right foot ending with weight on left foot in front of right
- 4& Rock right to right side, replace weight to left
- 5 Keeping body facing 6:00 cross right over left leading with heel
- 6 Cross left over right leading with heel, keeping body facing 6:00
- 7 Repeat count 5
- 8 Repeat count 6

Leading with weight on heels for counts 5-6-7-8

CROSS, LUNGE, SHIMMIES, HOOK, UNWIND

- 1&2 Cross right over left, hitch left knee, cross left over right
- 3&4 Lunge right to right side, turn body a $\frac{1}{4}$ to left while turning right knee in, raise right shoulder up
- 5&6 Pushing off with right foot moving weight on to left shimmy both shoulders up, down, up at the same time for 5&6
- 7&8 Step right foot forward, hook left behind right, unwind for $\frac{3}{4}$ turn ending with weight on left

REPEAT
