

Reindeer Doo

COPPER KNOB
BY STEPSHEETS

拍数: 0 墙数: 0 级数:
编舞者: Chuck Babli (USA) & Linda Babli (USA)
音乐: Reindeer Doo - Will Jones & The Western Fringe



Sequence: A (Alabama steps), B (Cowboy Rhythm -16 steps), C (4 Shuffles), A, B, D (Step lock, step scuffs/Rock steps), D, D, D, C, A, B, B

Line up 3-4 people across with everyone facing LOD. To make this easier for beginners, it combines two classic beginner dances: Alabama (originally choreographed by Unknown) and Cowboy Rhythm (originally choreographed by Jo Thompson). You don't have to memorize the phrasing. The song will pretty-much lead you into each section

PART A: ALABAMA 8 STEPS

RIGHT HEEL, TOGETHER (2X); LEFT HEEL TOGETHER (2X)

- 1-2 Touch right heel forward, touch right toe next to left
- 3-4 Touch right heel forward, step right next to left
- 5-6 Touch left heel forward, touch left toe next to right
- 7-8 Touch left heel forward, step left next to right

4 SHUFFLES FORWARD

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward, step right next to left, step left forward
- 5-8 Repeat steps 1-4

VINE RIGHT, LEFT BEHIND, RIGHT-½ TURN, HITCH; VINE LEFT, STOMP; REPEAT

- 1-2 Step right to right side, step left behind right
- 3 Step right foot to right side while starting to turn ½ turn right (weight on right)
- 4 Hitch left while completing ½ turn (weight still on right)
- 5-8 Step left to left side, step right behind left, step left to left side, stomp right (keep weight on left)
- 9-16 Repeat steps 1-8 (you should now be facing LOD)

PART B: COWBOY RHYTHM (SLIGHTLY MODIFIED AND MINUS 16 STEPS), PAUSE

When they start to sing the chorus "I think I'm steppin' in Reindeer Doo", start Section B on the word Reindeer
RIGHT STOMP FORWARD, OUT, IN, OUT; REPEAT FOR LEFT

- 1-4 Stomp right forward, rotate right toe out, in, out
- 5-8 Stomp left forward, rotate left toe out, in, out

STOMP FORWARD RIGHT, LEFT; HOOK RIGHT BEHIND LEFT, STEP HOOK LEFT BEHIND RIGHT, STEP

- 1-2 Stomp right forward, stomp left forward
- 3 Hook right behind left (turn head to left to look at bottom of shoe)

You've just noticed that you've stepped in reindeer doo. Therefore, don't touch Right foot with Left hand as done in original Cowboy Rhythm!

- 4 Step right next to left
- 5-6 Hook left behind right (same head motion), step left next to right
- 7-8 Brush hands together (as if you've just finished a job, or in this case, have to brush you-know-what off your hands)

SIDE RIGHT TOGETHER, HEEL-SPLIT; SIDE LEFT TOGETHER, HEEL-SPLIT

- 1-2 On a 45 degree angle to the right, step forward with right, step left next to right
- 3-4 Lift heels while bending knees (look down at your toes in the reindeer doo. As you do, lift your arms, elbows bent. Ew!), drop heels

5-8 Repeat steps 1-4, only on a 45 degree angle to the left

BACK RIGHT TOE, HEEL; LEFT TOE, HEEL; REPEAT

Straighten out from the left 45 degree angle as you step back

1-2 Touch right toe back (as if you were stepping through piles of you know what), drop right heel

3-4 Touch left toe back (as if you were stepping...), drop left heel

5-8 Repeat steps 1-4

PART C

SHUFFLE RIGHT, LEFT, RIGHT, LEFT

1&2 Shuffle forward right, left, right

3&4 Shuffle forward left, right, left

5-8 Repeat steps 1-4

PART D

STEP RIGHT, LOCK, STEP, SCUFF; STEP LEFT, LOCK, STEP, SCUFF

1-4 Step right forward, lock left behind right, step right forward, scuff left

5-8 Step left forward, lock right behind left, step left forward, scuff right

STEP FORWARD RIGHT, ROCK BACK, STEP BACK RIGHT, HOLD; STEP BACK LEFT, ROCK FORWARD, STEP FORWARD LEFT, HOLD

1-4 Step forward on right, rock back onto left, step back on right, hold

5-8 Step back on left, rock forward onto right, step forward on left, hold
