

Reggae Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Steve Mason (UK)
音乐: Volcano - Jimmy Buffett



RIGHT FORWARD ROCKING CHAIR, FORWARD RIGHT COASTER

1& Rock step forward on right foot, recover weight back on to left foot
2& Rock step back on to right foot, recover weight forward on to left foot
3&4 Step forward on to right foot, step left foot beside right foot, step back on right foot

LEFT BACKWARD ROCKING CHAIR, BACK LEFT COASTER

5& Rock step left foot back, recover weight forward on to right foot
6& Rock step left foot forward, recover weight back on to right foot
7&8 Step left foot back, step right foot beside left foot, step forward onto left foot

FORWARD ROCK STEP, RECOVER, STEP BACK, CROSS, STEP, TURN STEP

9&10 Rock step right foot forward, recover weight back on to left foot, step right foot back
11&12 Cross left foot over right foot, step back on right foot starting ¼ turn left, finish ¼ turn stepping to left on left foot
13&14 Rock step right foot forward, recover weight back on to left foot, step right foot back
15&16 Cross left foot over right foot, step back on right foot starting ¼ turn left, finish ¼ turn stepping to left on left foot

½ PADDLE TURN RIGHT, FORWARD ROCK, ½ TURN LEFT, STEP

17&18 Rock step ball of right foot in front of left toes (5th position) rock weight onto left foot, rock weight onto ball of right foot

The above steps should be made while executing a ½ turn right

19&20 Rock forward on left foot, recover weight to right foot making ½ turn left on ball of right foot, step forward on left foot

SIDE, TOGETHER, SIDE, CLOSE, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, SIDE ROCK, RECOVER

21-22 Step right foot to right side, close left foot beside right foot,
23&24 Step right foot to right side, close left foot beside right foot, step right foot to right side
25&26& Cross rock left foot over right foot, recover weight to right foot, step left foot to left side, recover weight onto right foot
27&28 Cross step left foot over right foot, step right foot to right side, recover weight onto left foot

RIGHT FOOT CROSS, ¾ UNWIND, RIGHT KICKBALL CHANGE

29-30 Cross right foot over left foot, unwind ¾ turn left
31&32 Kick right foot forward, step ball of right foot beside left foot, change weight to left foot

REPEAT