

Reggae Cowboy

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Levi J. Hubbard (USA)
音乐: Get Into Reggae Cowboy - The Bellamy Brothers



SHUFFLE FORWARD, JAZZ BOX

- 1 Right - step forward
- & Left - step together
- 2 Right - step forward
- 3 Left - step forward
- & Right - step together
- 4 Left - step forward
- 5 Right - cross step in front of left foot
- 6 Left - step slightly backward
- 7 Right - step slightly to side
- 8 Left - step slightly forward

JAZZ BOX, VINE (RIGHT) AND SCUFF

- 9 Right - cross step in front of left foot
- 10 Left - step slightly backward
- 11 Right - step slightly to side
- 12 Left - step slightly forward across right foot
- 13 Right - step to side
- 14 Left - cross step behind right foot
- 15 Right - step to side
- 16 Left - scuff forward

¼ TURNING VINE (LEFT), HEEL SPLITS

- 17 Left - step to side
- 18 Right - cross step behind left foot
- 19 Left - turning ¼ turn left, step forward
- 20 Right - stomp together
- 21 With weight on (balls of) both feet, swivel heels apart
- 22 Swivel heels back together
- 23 Swivel heels apart
- 24 Swivel heels back together

ROLLING VINES (RIGHT THEN LEFT)

- 25 Right - turning ¼ turn right, step slightly forward
- 26 Left - lift foot and pivot ¼ turn right on (ball of) right foot, letting left foot land slightly out to side
- 27 Right - lift foot and pivot ½ turn right on (ball of) left foot, letting right foot land slightly out to side
- 28 Left - touch together
- 29 Left - turning ¼ turn left, step slightly forward
- 30 Right - lift foot and pivot ¼ turn left on (ball of) left foot, letting right foot land slightly out to side
- 31 Left - lift foot and pivot ½ turn left on (ball of) right foot, letting left foot land slightly out to side
- 32 Right - touch together

Option: instead of the "rolling vines" you can do a regular vine to the right and left

REPEAT
