

# Refried

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Charles Thornhill (UK)  
音乐: Refried Dreams - Tim McGraw



## HEELS & TOES (NIMBLE FEET!)

- 1 Tap right heel forward
- &2 Right foot to center, tap left toe to left side
- &3 Left foot to center, tap right heel forward
- &4 Right foot to center, tap left heel forward
- &5 Left foot to center, tap right toe to right side
- &6 Right foot to center, tap left heel forward
- &7 Left foot to center, tap right heel forward
- &8 Stomp right next to left

## SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, ½ TURN, STOMP, STOMP

- 9&10 Shuffle forward leading with right foot right, left, right
- 11 Rock forward on left foot
- 12 Rock backward onto right foot
- 13&14 Shuffle backward leading with left foot left, right, left
- 15 Step back onto right foot and turn ½ to the right
- 16 Stomp right foot next to left foot
- 17 Stomp left foot next to right foot

## JUMPING JACKS

- 18 Jump, landing both feet apart
- 19 Jump, landing with right foot crossed over left foot
- 20 Unwind ½
- 21 Clap
- 22 Jump, landing both feet apart
- 23 Jump, landing with right foot crossed over left foot
- 24 Unwind ½
- 25 Clap

## SCUFF, CROSS, SCUFF, CROSS, SCUFF, CROSS, ¼ TURN, STOMP

- 26 Scuff right foot
- 27 Cross right foot over left foot
- 28 Scuff left foot
- 29 Cross left foot over right foot
- 30 Scuff right foot
- 31 Cross right foot over left foot and turn ¼ to the left
- 32 Stomp left foot next to right foot

## REPEAT

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