

Reflections

拍数: 48 墙数: 2 级数: Improver
编舞者: William Sevone (UK)
音乐: Reflections - The Supremes



4X DIAGONAL STEPS FORWARD, 4X DIAGONAL STEPS BACKWARD, (12:00)

- 1-2 Step right foot diagonally forward right, step left foot diagonally forward left
- 3-4 Step right foot diagonally forward right, step left foot diagonally forward left
- 5-6 Step right foot diagonally backward right, step left foot diagonally backward left
- 7-8 Step right foot diagonally backward right, step left foot diagonally backward left

All diagonal steps are short

ROCKS: SIDE-BEHIND-IN PLACE-SIDE-SIDE-SIDE-BEHIND-IN PLACE (12:00)

- 9-10 Rock right foot to right side, cross rock left foot behind
- 11-12 Rock onto right foot, rock left foot to left side
- 13-14 Rock onto right foot, rock onto left foot
- 15-16 Cross rock right foot behind left, rock onto left foot

¼ RIGHT STEP FORWARD, PUSH STEP, STEP, ¼ LEFT SIDE STEP, ¼ LEFT PUSH STEP, STEP ¼ RIGHT SIDE ROCK, ROCK, (12:00)

- 17-18 Turn ¼ right & step forward onto right foot, push step left foot forward
- 19-20 Step onto right foot, turn ¼ left & step left foot to left side
- 21-22 Turn ¼ left & push step right foot forward, step onto left foot
- 23-24 Turn ¼ right & rock right foot to right side, rock onto left foot

REPEAT (9:00)

- 25-46 Repeat counts 1-22

¾ RIGHT STEP FORWARD, STEP FORWARD, (6:00)

- 47-48 Turn ¾ right & step forward onto right foot, step forward onto left foot

REPEAT
