

Reflections

拍数: 64 墙数: 1 级数: Intermediate/Advanced
编舞者: Ken Gray (USA)
音乐: Country Boy's Heart - Six Shooter



Advanced dancers, try it contra with every other line starting on count 33, lines facing each other.

FORWARD, BACK, CHA-CHA, BACK AND TURN RIGHT, FORWARD, TURNING CHA-CHA

- 1 Step forward on left foot
- 2 Rock back on right foot
- 3&4 Cha-cha sideways to the left (left-right-left)
- 5 Step back on right foot into a $\frac{1}{4}$ turn to the right
- 6 Rock forward on left foot
- 7&8 Cha-cha forward (right-left-right) while making a $\frac{1}{2}$ turn to the left

BACK, FORWARD, TURNING CHA-CHA, BACK, FORWARD, CHA-CHA AND TURN LEFT

- 9 Step back on left foot
- 10 Rock forward on right foot
- 11&12 Cha-cha forward (left-right-left) while making a $\frac{1}{2}$ turn to the right
- 13 Step back on right foot
- 14 Rock forward on left foot
- 15&16 Cha-cha forward (right-left-right) and make a $\frac{1}{4}$ turn to the left on count 16

SIDE LEFT, TOGETHER, CHA-CHA, CROSS FRONT, SIDE, CHA-CHA VINE CROSS

- 17 Step to the left on left foot
- 18 Step together on right foot
- 19&20 Cha-cha sideways to the left (left-right-left)
- 21 Cross right foot in front of left and step
- 22 Step to the left on the left foot
- 23 Cross right foot in back of left and step
- & Step to the left on the left foot
- 24 Cross right foot in front of left and step

UNWIND, FORWARD, KICK-BALL CHANGE, FORWARD, POINT, TURN RIGHT, WEIGHT SHIFT

- 25 Unwind making a $\frac{3}{4}$ turn to the left keeping weight on the right foot
- 26 Rock forward on left foot
- 27 Kick right foot forward
- & Step on ball of right foot next to left
- 28 Step left foot next to right
- 29 Step forward on right foot
- 30 Touch left toe forward
- 31 Make a $\frac{1}{4}$ turn to the right
- 32 Shift weight to left foot

FORWARD, BACK, CHA-CHA, BACK AND TURN LEFT, FORWARD, TURNING CHA-CHA

- 33 Step forward on right foot
- 34 Rock back on left foot
- 35&36 Cha-cha sideways to the right (right-left-right)
- 37 Step back on left foot into a $\frac{1}{4}$ turn to the left
- 38 Rock forward on right foot
- 39&40 Cha-cha forward (left-right-left) while making a $\frac{1}{2}$ turn to the right

BACK, FORWARD, TURNING CHA-CHA, BACK, FORWARD CHA-CHA AND TURN RIGHT

- 41 Step back on right foot
- 42 Rock forward on left foot
- 43&44 Cha-cha forward (right-left-right) while making a $\frac{1}{2}$ turn to the left
- 45 Step back on left foot
- 46 Rock forward on right foot
- 47&48 Cha-cha forward (left-right-left) and make a $\frac{1}{4}$ turn to the right on count 48

SIDE RIGHT, TOGETHER, CHA-CHA, CROSS FRONT, SIDE, CHA-CHA VINE CROSS

- 49 Step to the right on right foot
- 50 Step together on left foot
- 51&52 Cha-cha sideways to the right (right-left-right)
- 53 Cross left foot in front of right and step
- 54 Step to the right on the right foot
- 55 Cross left foot in back of right and step
- & Step to the right on the right
- 56 Cross left foot in front of right and step

UNWIND, FORWARD, KICK-BALL CHANGE, FORWARD, POINT, TURN LEFT, WEIGHT SHIFT

- 57 Unwind making a $\frac{3}{4}$ turn to the right keeping weight on the left foot
- 58 Rock forward on the right foot
- 59 Kick left foot forward
- & Step on ball of left foot next to right
- 60 Step right foot next to left
- 61 Step forward on left foot
- 62 Touch right toe forward
- 63 Make a $\frac{1}{4}$ turn to the left
- 64 Shift weight to the right foot

REPEAT
