

Red Dress

拍数: 96 墙数: 1 级数: Intermediate
编舞者: Julie Carr (UK)
音乐: Shake Up the Party - Joy Enriquez



SIDE STEPS WITH FORWARD SHUFFLES TWICE

1-2 Step right-to-right side and replace left to right
3&4 Step right forward, step left behind right, step right forward
5-6 Step left-to-left side, replace right next to left
7&8 Step left forward, step right behind left, step left forward

SIDE ROCKS & CROSSES X4

1&2 Step right to right, step left beside right, cross right over left
3&4 Step left to left, step right beside left, cross left over right
5-8 Repeat counts 1-4

FORWARD AND BACK MAMBO, CROSS ROCK AND A ¾ TURN

1&2 Step right forward, step left beside right, step right back
3&4 Step left back, step right beside left, step forward left
5-6 Rock forward right, back onto left
7&8 Make a ¾ turn stepping right left right

ROCK STEP, 1 ¼ TURN, STEP LOCK STEPS FORWARD

1-2 Rock forward on left back onto right
3&4 Making triple 1 ¼ turn left stepping left, right, left
5&6 Step right forward, lock left behind right, step right forward
7&8 Step left forward, lock right behind left, step left forward

BACK CROSS STEPS AND MAMBOS

1&2 Step back right, step left across right, step back right
3&4 Step back left, step right across left, step back left
5&6 Rock right to right side, replace right next to left
7&8 Rock left to left side, replace left next to right

RIGHT SAILOR STEP, LEFT SAILOR STEP, ¼ TURN, WALK STEPS WITH HALF TURN

1&2 Right behind left, step left to left side, replace right next to left
3&4 Left behind right, step back right making ¼ turn left, replace left next to right
5-6 Walk forward right, left
7-8 Pivot half turn with weight still on left, walk forward, right, left

SIDE MAMBOS, RIGHT SAILOR, LEFT SAILOR, ¼ TURN

1&2 Rock right to right side, replace right next to left
3&4 Rock left to left side, replace left next to right
5&6 Right behind left, step left to left side, replace right next to left
7&8 Left behind right, step back right making ¼ turn left, replace left next to right

WALK STEPS WITH HALF TURN AND SIDE MAMBOS

1-2 Walk forward right, left
3-4 Pivot half turn with weight still on left, walk forward right left
5&6 Rock right to right side, replace right next to left
7&8 Rock left to left side, replace left next to right

(CHORUS) HIP BUMPS GOING BACK X 4

1&2 Step back right, bump hips, right, left, right
3&4 Step back left, bump hips left, right, left
5-8 Repeat counts 1-4

(CHORUS) FULL HITCH TURN RIGHT, FULL HITCH TURN LEFT

1-4 Weight on right making full turn right touching left foot down x 3 stepping left forward
5-8 Weight on left making full turn left touching right foot down x 3 stepping right forward

(CHORUS) AND AGAIN

1-16 Repeat previous 16 counts, first going forward on your right, then left

REPEAT

TAGS

On wall 2, dance to count 32, then dance the chorus sections at the end of the dance

On wall 3, dance to count 64

On wall 4, dance to count 32, then dance the chorus sections twice with extra full turn right.
