

# Recovery Steps

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Ian Grey (UK)  
音乐: 12 Step Recovery - Paul Brandt



## KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH. KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH

- 1&2      Kick right out, back to place, while touching left out to side
- 3-4      Cross left over right, touch right out to side
- 5&6      Kick right out, back to place, while touching left out to side
- 7-8      Cross left over right, touch right out to side

## TOUCH, SCISSOR STEP, UNWIND ½ TURN

- 9-10      Touch right next to left, jump out (right left)
- 11-12      Jump in (crossing right over left), jump out (right left)
- 13-14      Jump in (crossing left over right), jump out (right left)
- 15-16      Jump in (crossing right over left), unwind half turn to left

## KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH. KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH

- 17-18      Kick left out, back to place, while touching right out to side
- 19-20      Cross right over left, touch left out to side
- 21-22      Kick left out, back to place, while touching right out to side
- 23-24      Cross right over left, touch left out to side

## HEEL STRUT X 4 MAKING ¼ TURN

- 25-28      Left heel forward, lower toes. Right heel forward, lower toes
- 29-32      Left heel forward, lower toes. Right heel forward, lower toes (making ¼ turn to right)

## KICK TWICE, STEP WITH ½ TURN, TOUCH. KICK TWICE, STEP WITH ½ TURN, TOUCH

- 33-34      Kick left forward, kick left forward
- 35-36      Step left half turn to left, touch right next to left
- 37-38      Kick right forward, kick left forward
- 39-40      Step right half turn to right, touch left next to right

## ROLLING VINE WITH 1 ½ TURNS. ROCK FORWARD, BACK, BACK, FORWARD

- 41-42      Step left half turn to left, step right half turn to left
- 43-44      Step left half turn to left, touch right next to left
- 45-46      Rock forward on right, rock back on left
- 47-48      Rock back on right, rock forward on left

## SHUFFLE, STEP, PIVOT ½ TURN. SHUFFLE, STEP, PIVOT ½ TURN

- 49&50      Step right forward, bring left up to right, step right forward
- 51-52      Step forward on left, pivot half turn to right
- 53&54      Step left forward, bring right up to left, step left forward
- 55-56      Step forward on right, pivot half turn to left

## GRAPEVINE TWICE

- 57-58      Step right to side, step left behind right
- 59-60      Step right to side, touch left next to right
- 61-62      Step left to side, step right behind left
- 63-64      Step left to side, touch right next to left

REPEAT

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