

# Recovery

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Johnny Two-Step (UK)  
音乐: Doctor, Doctor - The Dean Brothers



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- 1&2      Kick right foot forward, replace weight to right & kick left foot forward  
&3&4      Replace weight to left, & kick right foot forward twice  
&5&6      Replace weight to right, & kick left foot forward, replace weight to left  
&7&8      Kick right foot forward, replace weight to right & kick left foot forward twice
- &1&2      Replace weight to left, kick right foot forward, replace weight to right, kick left foot forward  
&3&4      Replace weight to right, kick left foot forward, replace weight to left, kick right foot forward  
&5-6      Replace weight to left foot, step right foot forward,  $\frac{1}{2}$  pivot turn over right shoulder on ball of foot  
7-8      Step back on left foot, touch right foot next to left
- 1-4      Step right foot forward,  $\frac{1}{2}$  pivot turn over right shoulder on ball of foot, step back on left foot, touch right foot next to left  
5-6      Step to the right on right foot, cross left behind right  
7&8      Cha-cha in place right, left, right
- 1-2      Step to the left on left foot, cross right behind left  
3&4      Cha-cha on the spot left, right, left  
5-6      Step to the right doing  $\frac{1}{4}$  turn on the right foot, pivot  $\frac{3}{4}$  turn over right shoulder on ball of right foot  
7&8      Shuffle back left, right, left
- 1&2      Shuffling back right, left, right  
3&4      Shuffle back left, right, left  
5-8      Rock back on right foot, rock forward onto left foot, step forward on right foot  $\frac{1}{4}$  turn left, weight on to left foot

**REPEAT**

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