

The Real Mccoy

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: You Ain't Lonely Yet - Big House



VINE RIGHT 3, TOUCH LEFT & CLAP, LEFT HEEL & HOOK, LEFT SIDE SHUFFLE

- 1-4 Step right foot to right side, cross left foot behind right and step, step right foot to right side, touch left foot together & clap
5-6 Touch left heel forward, hook left foot across right shin
7&8 Step left foot to left side, step right foot together, step left foot to left side

RIGHT HEEL & HOOK, RIGHT SIDE SHUFFLE, LEFT HEEL & HOOK, ¼ LEFT & FORWARD SHUFFLE

- 1-2 Touch right heel forward, hook right foot across left shin
3&4 Step right foot to right side, step left foot together, step right foot to right side
5-6 Touch left heel forward, hook left foot across right shin
7&8 Turn ¼ left and step left foot forward, step right foot together, step left foot forward

RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, LEFT KICK & CLAP, SHUFFLE SIDE LEFT, ROCK STEP WITH ¼ RIGHT TURN

- 1-2 Step right foot forward, pivot ½ turn left (weight ends on left foot)
3-4 Step right foot forward, kick left foot forward & clap
5&6 Step left foot to left side, step right foot together, step left foot to left side
7-8 Step right foot back and rock back while turning ¼ right on left foot, recover weight on left foot
- 1&2 Step right foot forward, step left foot together, step right foot forward
3&4 Step left foot forward, step right foot together, step left foot forward
5-8 Cross right foot over left and step, step left foot back, step right foot to right side turning ¼ right, step left foot together (Optional: Try hopping feet together on last count, or even a double hop making the count &8)

REPEAT
