

# The Real Good, Feel Good Dance

**COPPER** KNOB  
STEPSHEETS

拍数: 0                      墙数: 2                      级数: Intermediate/Advanced  
编舞者: Kelvin Elvidge (USA)  
音乐: Sure Feels Real Good - Michael Peterson



Sequence: AABABABC AABABC ABABC AAA

## PART A

### HEEL & TOE SWIVELS RIGHT, MONTEREY HALF TURN WITH A CLAP

- 1-2                      With feet together, swivel heels to the right, swivel toes to the right
- 3-4                      Swivel heels right, swivel toes to center (end weight left)
- 5-6                      Touch right toe to right side, pivot  $\frac{1}{2}$  turn right stepping right together and clap
- 7-8                      Touch left toe to left side, step left beside right and clap (feet slightly apart)

### HEEL SPLITS/TOE FANS TRAVELING LEFT, MONTEREY QUARTER TURN

- 1                        With weight on right toe, left heel, fan toes apart (heels now together) (weight now right heel, left toe)
- 2                        Swivel heels apart (toes now together) (weight back on right toe, left heel)
- 3-4                      Fan toes apart (still traveling left), swivel heels apart
- 5-6                      Touch right toe to right side, pivot  $\frac{1}{4}$  turn right stepping right together and clap
- 7-8                      Touch left toe to left side, step left beside right and clap (feet slightly apart)

### RIGHT KICK BALL CHANGE, HEEL TOUCHES FORWARD, $\frac{1}{4}$ PIVOT LEFT, RIGHT KICK BALL CHANGE

- 1&2                      Kick right foot forward, step down on ball of right foot, step left foot beside right
- 3&4&                      Touch right heel forward, step right foot together, touch left heel forward, step left together
- 5-6                      Step forward on right foot, turn  $\frac{1}{4}$  turn to left on ball of left foot (end weight left)
- 7&8                      Kick right foot forward, step down on ball of right foot, step left foot beside right

### HEEL SPLITS/TOE FANS TRAVELING LEFT (END FEET TOGETHER)

- 1                        With weight on right toe, left heel, fan toes apart (heels now together) (weight now right heel, left toe)
- 2                        Swivel heels apart (toes now together) (weight back on right toe, left heel)
- 3-4                      Fan toes apart (weight on right heel, left toe), swivel heels slightly apart (end toes pointing straight ahead)

## PART B

### TOUCH RIGHT HEEL FORWARD, STOMP RIGHT, TOUCH RIGHT TOE BACK, STOMP RIGHT

- 1-2                      Touch right heel forward, stomp right foot together
- 3-4                      Touch right toe back, stomp right foot together

## PART C

### STEP FORWARD RIGHT, STEP LEFT TOGETHER, TOE RAISE (OPTIONAL WOOOO!), STEP BACK RIGHT, STEP BACK LEFT

- 1-2                      Step forward on right foot, step left foot together
- 3-4                      Raise both toes up (lean slightly forward to keep balance), step toes down (optional woooo!! When raising toes)
- 5-6                      Step back on right foot, step left foot beside right